

VUMC Diversity, Equity, & Inclusion – November 2022

Diabetes Awareness Month and National Native American, American Indian, and Alaskan Native Heritage Month

“Remember this, whoever you are, however you are, you are equally valid, equally justified, and equally beautiful.” — Juno Dawson

“But you can only lie about who you are for so long without going crazy.” — Ellen Wittlinger

“Openness may not completely disarm prejudice, but it’s a good place to start.” — Jason Collins

November 2022

National Native American, American Indian, and Alaskan Native Heritage Month
Diabetes Awareness Month
National Family Caregivers Month
National Veterans and Military Family Month

8 - Intersex Day of Remembrance
11 - Veteran’s Day
20 - Transgender Day of Remembrance
24 - Thanksgiving

Diabetes Awareness Month

November is Diabetes Awareness Month. Diabetes is the seventh leading cause of death and one of the leading causes of disability in the United States. More than 34 million Americans have diabetes and approximately one in three people in the United States are at a high risk of developing type 2 diabetes.

How can you get involved this Diabetes Awareness Month?

- 1. Take a test.** If you’ve never been diagnosed with diabetes and haven’t taken a type 2 risk test, now’s a great time. About 1 in every 2 people with diabetes don’t know they have it, according to the IDF.
- 2. Share Resources** Read up on your favorite diabetes blogs or search for new ones you haven’t yet discovered.
- 3. Snap a blue circle selfie.** The blue circle has become the universal symbol for diabetes. So, whether you have diabetes or know someone who does, you can raise awareness on social feeds by taking a blue circle selfie.

Transgender Day of Remembrance

For generations, the transgender population has suffered various forms of abuse (and even death) for challenging the views, notions, and stereotypes around “male” and “female” identity. Every year we set aside November 20 as a Transgender Day of Remembrance. This holiday is meant to honor, commemorate, and memorialize those who face discrimination and stigma (often on a daily basis) across the nation.

This holiday is also meant to advocate for transgender people’s rights as well as focus on the persistent struggles they face in their everyday lives, and how others can share their love, support, and hope.

PRIDE For more info and to sign up for the group’s membership survey, visit: [PRIDE ERG](https://pride.erg.vumc.org)

Monthly Meeting:
Thursday November 10,
11:30am-12:30pm

Contact pride.erg@vumc.org for the invites

LUV
Latinos Unidos en Vanderbilt

For more info, or membership interest, visit: [LUV.ERG](https://luv.erg.vumc.org)

Next Monthly Meeting
Thursday December 8,
12pm

DISABILITY ERG

For more info, or membership interest, visit: [Disability ERG](https://disabilityerg.vumc.org)

Know Where to Go for Disability Accommodations?
VUMC Employee Relations

[Click Here to View Recorded Presentation](#)

Next Monthly Meeting will be held in December

Questions:
disabilityerg@vumc.org

VETERANS
Resource Group

For more info, or membership interest visit: [Veterans ERG](https://veteranserg.vumc.org)

Celebrations and Honors

- 8: Election Day
- 10: Marine Corps Day/Birthday
- 11: Veterans Day
- 11: Armistice/Remembrance Day
- 24: Thanksgiving Day

Read more: [Military Calendar](#)

If any VUMC Veterans would like to be spotlighted on VUMC’s social media channels please complete this survey:
<https://forms.office.com/Pages/ResponsePage.aspx?id=MFBX7y>

AFRICAN AMERICAN ERG

For more info, or membership interest, visit: [AA ERG](https://aa.erg.vumc.org)

HISTORY HERSTORY YOURSTORY
#VUMCCelebratesBlackHistory
NOVEMBER 2022
CREATED BY VUMC AFRICAN AMERICAN EMPLOYEE RESOURCE GROUP
AAERG@VUMC.ORG

1840	1891	1902	1905
Marshall Lincoln, elected President of U.S.	John Hope Franklin, historian and educator	Booker T. Washington, educator and industrialist	Booker T. Washington, educator and industrialist
1901	1905	1905	1905
Booker T. Washington, educator and industrialist	Booker T. Washington, educator and industrialist	Booker T. Washington, educator and industrialist	Booker T. Washington, educator and industrialist
1905	1905	1905	1905
Booker T. Washington, educator and industrialist	Booker T. Washington, educator and industrialist	Booker T. Washington, educator and industrialist	Booker T. Washington, educator and industrialist
1905	1905	1905	1905
Booker T. Washington, educator and industrialist	Booker T. Washington, educator and industrialist	Booker T. Washington, educator and industrialist	Booker T. Washington, educator and industrialist

OUR STORY 2022



HAAPI

Healthcare Alliance of Asian Americans and Pacific Islanders

For more info, or membership interest, visit: [HAAPI ERG](https://haapi.erg.vumc.org)

Visit [HAAPI ERG](https://haapi.erg.vumc.org) for more information!



United Voices of Vanderbilt Choir

For more info, or membership interest visit: [UVOV Choir](https://uovovchoir.vumc.org)



Please contact uovovchoir@vumc.org for more information