Vanderbilt Diabetes Program Blood Glucose Record

	Average Blood Sugar					Day/Date		Week of:	Patie
*Notes: Record Illness, Low Blood Sugar, Exercise, Large Meal, Emotional Stress, etc Target A1c Target pre meal blood s Sugar Target post meal blood sugar Insulin/t carb rativo					Before	Breakfast			Patient Name:
					After				
					insulin				
					Carbs				
					Before				
					After		Blood G	Deliver	Patient Phone Number: (
					Insulin		lucose	Deliver this Fax to:	
					Insulin Carbs		Test R	ĉ:	
					Before		esults, Ir	Kathleen Wolff	
					After		Sulin D	n Wolff	
					Insulin		oses, ar		
					Carbs		าd Gram	헕	9
					Before		Blood Glucose Test Results, Insulin Doses, and Grams of Carbohydrates	Fax Number:	Email Address:
					Insulin		oohydrat	ımber:	ddress:
					Carbs	Bedtime	les	343-4953	
					Notes			103	1
						Ш			
						Exercise			