Vanderbilt Diabetes Program Blood Glucose Record

						Day/Date	vveek or:	W/aalaas	
*Notes: Record Target pre mea					Before	Bre			Patient Name:
d Illness, Low Blo al blood sugar					2 Hrs. After	Breakfast			
ood Sugar, Exerc	1				Before	Lu			
*Notes: Record Illness, Low Blood Sugar, Exercise, Large Meal, Emotional Stress, etc Target pre meal blood sugar Target post meal blood sugar					2 Hrs. After	Lunch		Deliver this Fax to:	Patient Phone N (
Emotional Stress					Before	Dir		Ö.	
s, etc					2 Hrs. After	Dinner			
Target A1c					Before	Be		Fax Number:	Email Address:
					Notes	Bedtime			

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