# Why become a feeding assistant?

Training Requirements:

* 8-hour course
  + Eight webinars
  + Led by nurse, dietitian, & gerontologist
* Performance (Skills) or Written Evaluation

HOW DO I PARTICIPATE IN TRAINING?

* Contact:

training for non-nursing staff to assist residents with meals and snacks

**become a Trained Feeding assistant**

Improve your residents’ care experience…

* Residents receive more one-on- one time at meals and snacks when facilities utilize trained feeding assistants
* Residents enjoy the increased attention and social interaction
* CNAs comments on trained feeding assistants:
  + “The more [feeding assistants], the merrier; it allows us to spend more time with the residents”
* “Having them [feeding assistants] help means residents don’t have to wait as long to eat.

Improve sense of teamwork and morale among staff…

* Part of an “All Hands on Deck” philosophy
* CNAs at facilities with trained feeding assistants appreciated the teamwork approach to care (i.e., that everyone was working together for the residents)

Increase your interaction with residents…

* Get to know your residents better by helping them at meal or snack time
* Feedback from previous trained feeding assistants:
* “I love my residents”
* “I enjoy interacting with residents at meal time” 