

## Step 1 Assessment: Nutrition and Food Complaints

Resident Name: \_\_\_\_\_

Staff Interviewer: \_\_\_\_\_

Date of Interview: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
mm dd yy

### Check Response

DK = Don't Know NR = No Response or Nonsense Response REF=Refusal to answer question

### Food Complaints:

1. Do you like the food here? \_\_\_\_YES \_\_\_\_NO \_\_\_\_SOMETIMES \_\_\_\_DK/NR/REF

**IF NO**, what would you change to make it better?(i.e., *more salt, sugar, no restricted diet*)

2. Do you feel that there enough variety / food choices? \_\_\_\_YES \_\_\_\_NO \_\_\_\_SOMETIMES \_\_\_\_DK/NR/REF

3. Does the food look good / appetizing / attractive to you? \_\_\_\_YES \_\_\_\_NO \_\_\_\_SOMETIMES \_\_\_\_DK/NR/REF

4. Is the food served at the right temperature (i.e., *coffee and soup served hot; jello served cold*)?  
\_\_\_\_YES \_\_\_\_NO \_\_\_\_SOMETIMES \_\_\_\_DK \_\_\_\_NR

5. If you don't like the food that you are given, can you get something else instead? (or do you just have to wait until the next meal is served and hope that you will like that)? \_\_\_\_YES \_\_\_\_NO \_\_\_\_SOMETIMES \_\_\_\_DK/NR/REF

**TOTAL SCORE FOOD COMPLAINTS** (Total number of "no"s to Questions 1-5): \_\_\_\_\_

**PRESENCE OF FOOD COMPLAINTS** (Any "no" answer to Questions 1-5): Complaints No Complaints

Do not calculate total score only if all responses to questions 1-5 were DK/NR/REF

A response of "sometimes" should be treated as a "no" (1 point) in scoring.

### Food and Dining Location Preferences:

6. Would you like to have a snack (e.g., *fruit, pudding, cookies, juice*) between meals (*breakfast, lunch, dinner*)?  
\_\_\_\_YES \_\_\_\_NO \_\_\_\_SOMETIMES \_\_\_\_DK \_\_\_\_NR

**IF YES**, What kinds of foods/drinks would you like to have for a snack?

7. Where do you like/prefer to eat:

**Breakfast:** \_\_\_\_ In Room \_\_\_\_ Outside of Room \_\_\_\_ Dining Room

**Lunch:** \_\_\_\_ In Room \_\_\_\_ Outside of Room \_\_\_\_ Dining Room

**Dinner:** \_\_\_\_ In Room \_\_\_\_ Outside of Room \_\_\_\_ Dining Room

### Interview outcome

Complete \_\_\_\_ 1

Incomplete DK \_\_\_\_ 2

Incomplete NR \_\_\_\_ 3

Incomplete REF \_\_\_\_ 4