

# VANDERBILT





A Joint Community Health Needs Assessment for Vanderbilt University Hospitals, Vanderbilt Bedford County Hospital, Vanderbilt Tullahoma-Harton Hospital, Vanderbilt Wilson County Hospital, and Vanderbilt Stallworth Rehabilitation Hospital

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# Introduction

Vanderbilt University Medical Center (VUMC) is located in Nashville, Tennessee, primarily serving Tennessee, northern Alabama, and southern Kentucky. VUMC owns and operates seven hospitals. Of the seven hospitals VUMC owns and operates, the Vanderbilt University Hospital (VUH), Monroe Carell Jr. Children's Hospital at Vanderbilt (Monroe Carell), and Vanderbilt Psychiatric Hospital (VPH) operate under a single hospital facility license and are collectively referred to as "Vanderbilt University Hospitals." VUMC also owns and operates Vanderbilt Tullahoma-Harton Hospital (VTHH), Vanderbilt Wilson County Hospital (VWCH), and Vanderbilt Bedford County Hospital (VBCH). As part of a joint venture with Encompass Health Corporation, VUMC owns 50% of Vanderbilt Stallworth Rehabilitation Hospital (Stallworth).

The 2025<sup>1</sup> VUMC Community Health Needs Assessment (CHNA) and Implementation Strategy (IS) is a joint CHNA that covers the licensed hospital facilities of Vanderbilt University Hospitals (Monroe Carell, VPH, and VUH), VTHH, VWCH, VBCH and Stallworth. Throughout this report, these entities are collectively referred to as "VUMC."

# **Purpose**

The CHNA process is designed to identify key health needs and assets through systematic, comprehensive data collection in the community served. The CHNA serves as a health profile for the community and describes significant health needs identified collaboratively with the community and gaps between current and desired health status. This Implementation Strategy (IS) is VUMC's response to the health needs identified through the CHNA process. *The Implementation Strategy describes actions VUMC will take to address prioritized community health needs and improve community health outcomes*, with special attention to populations who experience barriers to accessing healthcare and social care resources.

# **Compliance and Written Comments**

As part of the 2010 Patient Protection and Affordable Care Act, non-profit hospital organizations such as VUMC are required to complete a Community Health Needs Assessment (CHNA) and an accompanying Implementation Strategy (IS) every three years. As with prior CHNAs, VUMC conducted a process incorporating the collection and analysis of a broad range of primary and secondary data.

VUMC has previously published CHNA/IS reports in 2013, 2016, 2019, 2022, and 2023 and ensured they are accessible to the public via VUMC's <u>Community Health</u> and <u>Stallworth</u>

<sup>&</sup>lt;sup>1</sup> In June 2025, this CHNA and accompanying IS were adopted. The adoption was during VUMC's 2025 fiscal year, which is also the tax year 2024 per the Return of Organization Exempt from Income Tax, Schedule H, 990 Form. To be consistent with CHNA/IS reporting on Form 990, Schedule H, these documents are referred to hereinafter as the "2025 CHNA" and "2025 IS."

websites. The 2025 VUMC CHNA and IS are also available on these websites. Paper copies of the reports are available at no cost at VUMC, VBCH, VTHH, VWCH, and Stallworth facilities.

VUMC also solicits ongoing feedback from the public on our CHNA/IS through a public comment portal on the Community Health website homepage. The portal for comments is regularly monitored so comments can be addressed.

# **Identifying and Prioritizing the Needs**

The extensive community process VUMC used to prioritize health needs is described below and in more detail on page 18 of the CHNA. While overlapping themes were highlighted across counties, each county named their prioritized needs as outlined in the figure below. These county-specific needs were consolidated into broader categories—representative of each of the county specific needs that VUMC adopted.

County	Bedford	Coffee	Davidson	Rutherford	Williamson	Wilson	Consolidated Needs*
PRIORITIZED NEEDS	Mental Health	Behavioral Health	Economic Opportunity & Job Skill Development	Mental Health	Mental Health	Mental Health	Health-Related Social Needs
	Substance Use		Awareness/ Navigation of Community Resources	Substance Use (opioids)	Substance Use (Opioids, tobacco, and prescription medication)	Access to Healthcare	Chronic Conditions and Preventative Care
			Food Access	Healthcare Access	Health Promotion (Chronic Disease Prevention) Through Built Environment	Health Literacy	Access to Healthcare
			Housing	Attainable Housing	Affordable Housing	Housing & Transportation	Behavioral Health
				Infant Mortality			

\*Each county-specific prioritized need was reviewed and grouped thematically into four broader categories of needs. The consolidated needs were approved as VUMC's prioritized needs.

As noted above, for VUMC's CHNA and IS each county-specific need was grouped thematically into four overarching categories of needs for VUMC to address. Given the breadth of needs prioritized across six counties, VUMC consulted members of the Community Health Workgroup, a group of VUMC faculty and staff, for guidance and to confirm alignment with all county-specific needs and capacity to address them. Additionally, VUMC presented the prioritized needs to advisory groups of VBCH, VTHH, VWCH, and Stallworth.

VUMC considers the prioritized needs of equal importance and has not listed them in any order. These four broad need areas guided the development of VUMC's Implementation Strategy. The VUMC Board of Directors adopted the CHNA/IS and the four needs outlined below in June 2025.

- o Reduce Differences in Health Outcomes by Addressing Health-Related Social Needs,
- o Prevent Chronic Conditions and Enhance Preventative Care,
- Increase Access to Quality Healthcare, and
- Enhance Delivery of and Access to Behavioral Health Services

# **Addressing Prioritized Needs**

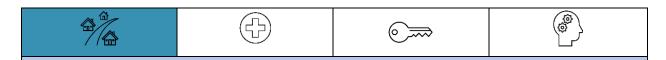
VUMC will address the prioritized needs identified by the community with institutional and other resources. These include staff time and financial support for the programs, initiatives, and activities described on the following pages. VUMC's Implementation Strategy also engages health systems leaders, faculty, staff, trainees and learners, while also cultivating many community collaborations that reduce variability in health outcomes and promote optimal health for all.

Below are action plans to address the prioritized need or needs and a description of the anticipated impact. These action plans highlight a selection of the extensive work VUMC undertakes to address needs identified by the community. A key for acronyms is included on Page 24.

# **Implementation Strategy Action Plans**

Each action plan addresses one or more of the prioritized health needs. The color and icon shading at the top of each table indicates which prioritized need is being addressed. Use the key below to see which needs are being addressed through each action plan.

	Reduce Differences in Health Outcomes by Addressing Health-Related Social Needs
	Prevent Chronic Conditions and Enhance Preventative Care
•	Increase Access to Quality Healthcare
	Enhance Delivery of and Access to Behavioral Health Services



**Strategy:** Provide educational and financial support for participation in VUMC's Medical Assistant training program and work with community partners to hire local residents to expand VUMC's workforce

**Anticipated Impact:** Promote health, economic empowerment, and career advancement for VUMC's workforce and the community

#### **Action Steps:**

Continue providing financial support for external candidates to participate in the VUMC medical assistant training program; also provide access to health benefits and VUMC wellness programs

Develop additional programs to support internal and external candidate career mobilization in areas including Central Sterile Processing, Surgical Technicians, and other areas to expand the Allied Health workforce

Provide professional development opportunities for community partner participants focused on interviewing, general employment tips, and communication strategies

Provide employment opportunities and opportunities for advancement; address retention issues for candidates

#### **Metrics & Milestones:**

On-going financial support provided; Professional development opportunities identified; Retention concerns for the employee population identified and addressed









**Strategy:** Support nutrition security efforts that align with CHNA priorities and engages community partners in planning and implementation, led by an interdisciplinary team at Monroe Carell

**Anticipated Impact:** Provide tangible food resources to patients and families at Monroe Carell identified as food insecure; connect patients and families to ongoing food resources in the outpatient setting; improve health outcomes

#### **Action Steps:**

With leadership support and funding, continue to pilot a nutrition security program called Champ's Cupboard in Monroe Carell to provide meals and ongoing food resources to patients and families

Collect and evaluate 6-month pilot data to determine model and funding needed to scale the program out to additional hospital units

Develop and implement a training curriculum for students, interns, and other learners to serve as volunteer food resource navigators

Continue to partner with community organizations that received funding for engagement and involvement in food resource navigation program

#### **Metrics & Milestones:**

Number of food insecure patients receiving meals/food assistance through program; Increase enrollment in SNAP or WIC programs; Increase student involvement in program









**Strategy:** Support existing efforts focused on patients with language and other barriers to accessing and navigating care that aligns with CHNA priorities and engages community partners in planning and implementation

Anticipated Impact: Strengthen infrastructure to improve community health

#### **Action Steps:**

Foster mutually beneficial relationships with community partners to better serve the needs of pediatric populations in Middle Tennessee

Bolster language services provided to VUMC pediatric patients and families

#### **Metrics & Milestones:**

Improve patient experience reported by demographic variables such as preferred language, zip code and other sociodemographics









**Strategy:** Continue to partner with Women's Health to support improving birthing experiences and maternal and infant health outcomes for all expectant mothers

**Anticipated Impact:** Improve the delivery of care during and after childbirth at VUMC; improved maternal and infant health outcomes

#### **Action Steps**

Build capacity to better support patients who desire doula services for labor support Improve the birth experience and maternal and infant health outcomes by providing personalized care that values each patient's autonomy and decision-making

Explore strategies to improve inpatient HCAHPS survey feedback from obstetric patients Identify and address differences in birth outcomes by monitoring key obstetric quality indicators

Improve inpatient and outpatient childbirth education

Provide a platform for women to share their positive birth experiences and community organizations to share resources for a positive birth experience

#### **Metrics & Milestones:**

Improved Telehealth utilization for patient care and patient education; Expanded options for group prenatal education; Internal "Doula Best Practice document" developed; Joint Commission obstetric outcome dashboard









**Strategy:** Through Rooted Community Health, expose all VUMC employees to the ways in which we grow, source, prepare, and distribute our food has impacts on health and well-being

**Anticipated Impact:** A workforce and student body that has exposure to the roles our food system plays in the health outcomes of patients

#### **Action Steps:**

Partner with three local regenerative farms' CSA programs to connect any employees who may be interested to subsidized fresh produce and prioritize financial support for employees who earn less than \$45,000 annually

Partner with volunteer VU medical students to transport leftover Growing Good Health CSA shares to the Shade Tree Clinic to divert food waste and connect fresh produce with people experiencing food insecurity

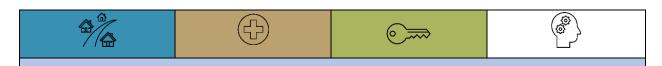
Facilitate workshops in the Garden of Hope to educate employees on how to grow food, "food is medicine" workshops, and how the food system impacts health and well-being Assist facilitating course offered to VU medical students titled "Ecology & Health Care"

Present to departments within VUMC to discuss the impacts of the environment and food insecurity on human health and wellbeing

Assist in the creation of the Food Navigation Resource Center (FNRC) to address food insecurity. Supervise dietetic interns, and strategize ways to incorporate fresh produce to patients experiencing food insecurity

#### **Metrics & Milestones:**

Increase number of Garden of Hope participants; Increase number of Growing Good Health CSA participants (and corresponding numbers of those who receive the 100% and 20% subsidies); Increase number of dietetic interns taken on in an academic year; Increase number of Rooted Community Health presentations shared with non-CBES departments; Increase number of food resources distributed in the FNRC



**Strategy:** Improve organizational alignment and health access and outcomes across the region through Meharry Vanderbilt Alliance's community engagement efforts

**Anticipated Impact:** Improved alignment and mobilization of institutional resources to support community needs

#### **Action Steps**

Support inter-institutional partnerships through facilitation processes and the mobilization of resources

Expand outreach and engagement activities to support greater development of institutional and community partnerships

Develop bi-directional community relationships through collaborative partnership processes and shared resources

#### **Metrics & Milestones:**

Provide facilitation processes and mobilize resources to support requested inter-institutional partnerships; Expanded community of partners to support the origination of impactful institution and community partnerships; Utilization of collaborations and shared resources for the development of initiatives and programs









**Strategy:** Provide education and resource support for children and families during their hospital stay to ensure caregivers are able to provide safe transportation to their children upon discharge through the Pediatric Trauma Injury Prevention Program and Family Resource Center at Monroe Carell

**Anticipated Impact:** Promote best practices and car/booster seat usage for safe child passenger transportation; Reduced MVC rates in Middle Tennessee

#### **Action Steps**

Implement office hours, on-site, and virtual classes for caregivers to practice car seat installation and to learn basic principles and state laws of child passenger safety Trauma Injury Prevention Program and Family Resource Center at Monroe Carell

Update Child Passenger Safety standard operating procedure and ensure staff and families have access to important information such as how to obtain a car seat despite inability to pay, how to find classes, where to practice installing a seat, what the TN state laws are, and where to find fitting stations to ensure the seat is installed properly

Trauma Injury Prevention Program and Family Resource Center at Monroe Carell

### **Metrics & Milestones:**

Number of patients served; Review number of car seats distributed; MVC trends on the trauma service indicating number of children properly restrained









**Strategy:** Increase partnerships with community-based programs to support VUMC's patients who screen positive for health-related social needs (food insecurity, transportation, housing, utilities, financial needs, and interpersonal safety)

**Anticipated Impact:** Deliver comprehensive care for patients at a high risk for readmission, address preventable ED utilization, and/or poor health outcomes due to unmet social needs; enhance ability to identify health differences and needs

#### **Action Steps:**

Create and implement a robust community-based resource directory used across the enterprise to enhance productivity and improve patient outcomes

Leverage TMO, nursing and other case management expertise to continue to assess social needs, psychosocial challenges, and financial barriers for patients

Explore feasibility of working with community partners on a closed loop referral process and explore the ROI of an enhanced community referral resource

Establish a multi-level initiative to incorporate social needs screening into adult primary care to improve outcomes for patients with diabetes in Davidson County

Develop recommendations for scaling of community health worker roles at VUMC to facilitate navigation to resources in areas where there is a high rate of positive screens

#### **Metrics & Milestones:**

Percentage of positive HRSN screened patients referred to a community-based program; Improve ratios of case managers/community health workers to patients; Percentage of high-risk patients screened with complex medical and social needs in settings to be identified; Implement an integrated community resource directory into the electronic medical record.









**Strategy:** Improve the accuracy of race, ethnicity and language data (REaL) and other sociodemographic data collected from all patients

**Anticipated Impact:** Deliver quality care to all patients

#### **Action Steps:**

Engage and learn from front end staff on the barriers to documenting REaL and other sociodemographic data

Gather perspectives from Annual Advise Vanderbilt Pulse Survey

Scale QI efforts across the enterprise to improve the quality of REaL and other sociodemographic data at VUMC

Expand the We Ask Because We Care campaign to educate patient and staff on the importance of REaL and sociodemographic data

Explore strategies for improving capture of disability data

#### **Metrics & Milestones:**

Improve capture of quality REaL and sociodemographic data









**Strategy:** Increase availability of resources, education, and training for career advancement for VUMC employees

**Anticipated Impact:** Positively impact the number of nursing candidates and improve the retention rates for nurses; Expand economic opportunity for employees

# **Action Steps:**

Establish partnerships with Schools of Nursing within the southeast region to provide mentorship, encourage an inclusive workforce environment, and foster nursing student professional education

Through a community outreach subcommittee, partner with community organizations to provide nurse-led health education sessions to older adults on recommended health screenings and available health resources in the community

Provide community mentorship and healthcare career fairs to an identified community high school

Establish and support partnerships, discussions, and relationship building sessions focused on student's needs

Provide one-day intensive immersion session at VUMC for senior nursing students to develop career planning, develop mentor relationships with nurse staff and expose students to nursing culture

Develop and maintain partnerships with community schools and other organizations to expand recruitment efforts

Develop and implement a career ladder for non-exempt positions

#### **Metrics & Milestones:**

Students reached through community outreach; Improvements in nursing recruitment and retention; Career paths developed









**Strategy:** Partner with VUSM learners and community-based organizations focused on policy to address upstream factors that impact health outcomes

**Anticipated Impact:** Create opportunities for all populations to achieve optimal health through advocacy; Expand medical and public health student knowledge through immersive experiences; Increase access to healthcare

#### **Action Steps:**

Provide funds to community organizations to offer a community health immersive experience to VUSM MD & MPH students through the Lefkowitz Fund that exposes students to advocacy and policy

Partner with VUSM student-run group Social Mission Committee to connect students to additional community experiences and opportunities

Provide meaningful community health applied learning experiences for graduate level MPH students through a graduate assistantship program

# **Metrics & Milestones:**

Number of grants awarded; Grantee progress towards improving health access and opportunity discussed in 6-month and 12-month reports









**Strategy:** Develop and enhance infrastructure to support the engagement of VUMC's workforce in community-academic partnerships that improve health outcomes

**Anticipated Impact:** Increase community partnerships that support initiatives at VUMC and in the community to reduce variability in health outcomes and promote optimal health for all.

#### **Action Steps:**

Serve as a resource hub for community-engaged research to help facilitate community health efforts

Offer education, training, and consultations to support faculty conducting communityengaged research projects

Enhance and implement a Community Impact Tracker to create a multi-user platform that both community partners and VUMC employees can access to align, leverage, and better collaborate on community health efforts

#### **Metrics & Milestones:**

Number of initiatives captured in the Community Impact Tracker (CIT); Community collaborations facilitated through CIT; Number of trainings or educational offerings









**Strategy:** Provide funding to community partners through the Community Health Mini-Grants to address CHNA prioritized needs and identify and support opportunities for building community partner capacity

**Anticipated Impact:** Build capacity of community partners to address community health; Improved health outcomes

#### **Action Steps:**

Solicit proposals from community and faith-based organizations, neighborhood associations, community health centers, and service providers, who address CHNA priorities and work to advance community health

Provide funding support for organizations that supplement specific programmatic or capacity needs that align with CHNA priorities

Host training and networking opportunities for all grantees (e.g. community health data platform training through Healthy Communities Institute)

#### **Metrics & Milestones:**

Number of grants awarded; Number of training and networking opportunities hosted; Grantee progress towards improving health access and opportunity discussed in 6-month and 12-month reports









**Strategy:** Maintain an accessible computer lab and increase digital access for all employees in service roles; through accessible placement of devices and educational support, facilitate access to VUMC email, Workday, the Learning Management System, financial literacy and other training and resources

**Anticipated Impact:** Increase access to computers, increase digital and financial literacy among employees; improve health outcomes

#### **Action Steps:**

Purchase computers for the lab and devices such as kiosks for other areas; create accessible educational materials to support computer use

Pilot financial literacy workshop to gather input from employees; finalize and scale workshop to other areas of VUMC

Collaborate with HR, IT, service role and operational departments to finalize computer lab, device locations and trainings

Develop outreach strategies to attract employees to utilize computer lab and devices in accessible areas

#### **Metrics & Milestones:**

Number of employees using the computer lab; Number of employees completing computer training; Number of employees completing financial literacy classes; Increase awareness of VUMC resources; reduce manager time spent providing computer/digital instruction









**Strategy:** Address prioritized health needs and support community health improvement plans (CHIPs) in Bedford, Coffee, Davidson, Rutherford, Williamson, and Wilson Counties through partnerships with local county health councils, health departments, community organizations and others

**Anticipated Impact:** Improved health outcomes; Stronger community partnerships and collaborations; Enhanced multi-sector community engagement in address community health

#### **Action Steps:**

Provide strategic support to county health councils in counties listed above through workgroup and other targeted participation

Partner with community organizations and coalitions that address health priorities of VUMC and health councils including the Safety Net Consortium of Middle Tennessee, the Tennessee Community Health Worker Association, ACE Nashville and others

#### **Metrics & Milestones:**

Number of partnerships developed; Number of meetings attended; Number of collaborations and connections made between VUMC and the community to advance health needs









**Strategy:** Develop CHNA and CHIPs collaboratively with health departments, health systems and community partners; implement a dissemination strategy for the CHNA and raise awareness about the Healthy Communities Institute (HCI) data platform

**Anticipated Impact:** Enhanced use of data by community partners to improve health outcomes; stronger community partnerships and collaborations; enhanced multi-sector engagement to address community health

#### **Action Steps:**

Design a collaborative CHNA process and develop county specific reports that can be used by health departments, health councils and other community partners to improve community health

Use a multipronged dissemination strategy to share CHNA county specific reports and the HCI data platform across counties

Provide tailored support to community partners to use data and evidence-based strategies to advance community health needs

#### **Metrics & Milestones:**

Streamlined CHNA process and enhanced coordination; CHNA and data dissemination strategy development; partner utilization of HCI; increase use of promising/evidence-based strategies









**Strategy:** Work with community partners to improve institutional community engagement practices and support projects that improve community health outcomes

**Anticipated Impact:** Stronger partnerships with community organizations; Improved health outcomes

#### **Action Steps:**

Support Community Advisory Group of community leaders that will inform community engagement practices, policies, and procedures for community health improvement

Continue to explore partnerships with organizations and community leaders in rural counties Draft a process for connecting community partners to VUMC resources for community events such as health fairs, education, and screening opportunities

#### **Metrics & Milestones:**

Stronger connections with partners; Number of advisory group meetings; Improved understanding of community-based organizations serving all populations in rural and other counties









**Strategy:** Increase involvement of VUMC's workforce, including learners and trainees, in community health improvement

**Anticipated Impact:** Enhanced community support; Stronger partnerships with community organizations; Improved workflow for workforce involvement in community events

#### **Action Steps:**

Engage workforce leaders and community partners in cataloging engagement capacity and opportunities for collaboration

Continue to support workforce engagement groups and connect them to community opportunities, including groups from Vanderbilt Eye Institute and Orthopedic and Dental Surgery Residents

Pilot a platform for connecting workforce groups to community engagement activities

#### **Metrics & Milestones:**

Piloted procedure and/or platform to connect VUMC teams to community partners; Increased engagement of smaller community organizations









**Strategy:** Facilitate health fairs and health education events in regional counties to improve access to healthcare and to resources

**Anticipated Impact:** Enhance public and community education on prevention; Increase access to care and improved health outcomes; Foster stronger community partnerships

#### **Action Steps:**

Utilize existing community relationships with organizations such as WEMA, Wilson County Health Department, City of Lebanon, and others to provide variety of health events like Stop the Bleed program, Wilson County Heart Walk, Hands Only CPR Training, and other health fairs

Partner with additional community organizations to offer health education events and resources in the community regarding early heart attack signs and effective prevention strategies

#### **Metrics & Milestones:**

Number of health events attended; Number of community members that have received care; Number of community partnerships









**Strategy:** Collaborate with Wilson Rides to support older adults in Wilson County who do not have access to transportation through efforts of the VUMC Office of Community & Government Affairs

**Anticipated Impact:** Improve transportation access for older adults; Foster community relationships to support the Wilson Rides program

#### **Action Steps:**

Continue to collaborate with the local mayors and elected officials to support Wilson Rides Collaborate with VWCH case managers to support patient needs when transportation is a need for older patients

Grow awareness of key community councils to influence additional support for Wilson Rides Identify opportunities from a state and federal level

#### **Metrics & Milestones:**

Number of participants receiving rides; Strengthened community partnerships









**Strategy:** Improve preventative care and access for VUMC employees and explore opportunities for partnerships in the Nashville region

**Anticipated Impact:** Increase wellness visits for VUMC employees in service roles; Improve health outcomes

### **Action Steps:**

Analyze employee completion of annual care visit data

Interview and engage managers of employees with lower completion rates of annual primary care visits

Pilot an initiative to schedule annual care visits for employees at orientation and test other strategies to increase access to preventative care for all employees

#### **Metrics & Milestones:**

Process to increase access developed and pilot implemented









Strategy: Develop an intervention to increase breast cancer screening

**Anticipated Impact:** Improve Breast Cancer screening rates for women ages 45-75; Improve health outcomes

#### **Action Steps:**

Explore stratification of Breast Cancer screening rates

Based on data, pilot process and strategies to address differences

Determine the most significant focus area based on data that promotes increased screening and access to care

Identity community-based organizations to partner with to reduce or subsidize patient costs for preventative screening including mobile mammography

#### **Metrics & Milestones:**

Data is stratified; Project team develops plans, and the demonstration project is outlined









**Strategy:** Work with community partners to support people experiencing homelessness

**Anticipated Impact:** Decrease preventable emergency department utilization; address housing and insurance needs of people who are unstably housed or experiencing homelessness and health needs

#### **Action Steps:**

Develop and expand capability of the Homeless Health Service (HHS) care center

Develop a consult process for the HHS team for patients who are experiencing homelessness (PEH)

Support process to screen for and address housing needs in VUMC patients and use data collected to improve future programming

Expand immersion and service-learning opportunities for UME, GME, and Addiction Medicine Fellows to support people who are unstably housed or experiencing homelessness in Nashville and surrounding counties

Explore opportunities to partner with the Community Health Worker training program to offer students field placement within VUMC

Conduct a needs assessment for respite in Nashville to help guide collaborations and solutions

#### **Metrics & Milestones:**

Pilot execution, and data collected from ED screen; Multidisciplinary team collaborating; Learners and trainees engaged and impacted; SOAR referrals and HRSN addressed; Data gathered to articulate the respite need in Nashville









**Strategy:** Address health care access for all individuals with barriers to navigating the health system

**Anticipated Impact:** Increase rate of patients connected to primary care; Improve clinical outcomes through better medication adherence and enhanced quality of life

#### **Action Steps:**

Provide accessible, high quality primary care, health education, case management and social services to uninsured patients through the Shade Tree Clinic, Vanderbilt University School of Medicine's student-run free clinic

Support patients with limited healthcare and insurance access through Vanderbilt Primary Care West End Clinic and North Nashville Clinic, which are Vanderbilt nurse faculty practice clinics. Implement a Post ED Discharge Clinic at West End to connect patients with community resources and establish a VUMC or other primary care provider

Provide medication assistance to patients through the Medication Assistance Program and increase the accessibility of pharmacy services to patients with limited resources

Revise procedures to facilitate access to care for all

#### **Metrics & Milestones:**

Decreased preventable emergency department utilization and readmissions; Increase rate of medication access and adherence; Procedures revised









**Strategy:** Provide community resource support to Vanderbilt Stallworth Rehabilitation Hospital (VSRH) patients to ensure patients have multiple resources to provide them with needed care

Anticipated Impact: Reduced ED utilization and reduced stroke readmissions

#### **Action Steps:**

Provide ongoing stroke support groups meetings to allow patients to discuss their journeys post discharge

Provide survivors and caregivers with resource packets with detailed information and steps on how to access community resources

Case managers provide guidance and support post-discharge to survivors

Continue to partner with community-based organizations that provide resources to VSRH economically marginalized brain injury and spinal cord injury patients

#### **Metrics & Milestones:**

Number of support groups and resource packets distributed; Number of partnerships with local, state, and national organizations









**Strategy:** Promote the implementation and dissemination of evidence-based cancer prevention, control, and care in the community through Vanderbilt Ingram Cancer Center (VICC)'s Office of Community Outreach & Engagement

**Anticipated Impact:** Enhance public and community education on cancer prevention, risk reduction, and early detection, while working to reduce the cancer burden and address differences in health outcomes; Foster stronger relationships with patients and community stakeholders; Community-informed research priorities, cancer control strategies, and care initiatives

#### **Action Steps:**

Deliver comprehensive educational services, including events, materials, newsletters, and more, to ensure our communities have access to essential cancer information and resources

Support community partners in their efforts to promote cancer awareness, support advocacy efforts, and advance research initiatives

Broaden access to quality cancer screening and diagnostic care to patients in rural and underserved communities to help improve cancer outcomes

Leverage VICC's advisory councils in bidirectional communication to ensure the community's input into efforts to effectively address the unique needs of the VICC catchment area

#### **Metrics & Milestones:**

Number of individuals reached; Number of individuals navigated into screening, reaching varied geographic and populations in activities; Number of community partners; Dollars contributed; Increased engagement with advisory councils









**Strategy:** Utilize Vanderbilt Behavioral Health (VBH)'s Pediatric and Adult Behavioral Health Consult Programs in conjunction with Vanderbilt Health Affiliated Network (VHAN) to continue to provide real-time expert consultation to assist providers regarding mental health diagnosis, interventions, and recommendations as needed for their patients

**Anticipated Impact:** Improved patient access and outcomes allowing for more integrated care with community partners while also assisting in addressing the shortage of behavioral healthcare providers and reducing ED utilization

#### **Action Steps:**

Continue to provide consultation and support specific to behavioral health services and assist in the determination of appropriate LOC

Continue to refine consult process and provide information on various evidence-based treatment strategies

Continue to provide timely referral information

#### **Metrics & Milestones:**

Number of consults completed; VHAN provider satisfaction survey









**Strategy:** Continue to offer treatment for addiction and co-occurring disorders through the Vanderbilt Integrated Services for the Treatment of Addiction (VISTA) in conjunction with the VBH Adult IOP co-occurring disorder track, whose services integrate comprehensive assessment and treatment modalities, including pharmacotherapy and psychosocial treatment **Anticipated Impact:** Facilitation of successful hospital transitions into long-term wellness in recovery and engagement with a personalized care plan, prevention of future hospitalizations,

#### **Action Steps:**

Continue strengthening our services as a hub provider through contracts with the state (TDMHSAS) for OUD treatment

and ultimately mortality. Decrease in patient length of stay and rate of readmission

Offer post-acute care for patients seen in the ED for up to 3 months

Through VUMC's Bridge Clinic, provide comprehensive SUD services to patients following hospital/ED discharges and brings together a multidisciplinary team of specialists to achieve better patient outcomes

Continue strengthening our services as a hub provider through contracts with the state (TDMHSAS) for OUD treatment

#### **Metrics & Milestones:**

Volume metrics









**Strategy:** Utilize existing collaborative relationships with health and mental health organizations across Tennessee and the region to best serve VUMC's patients and communities with mental health needs. VBH leadership will continue to serve on various boards for organizations, including but not limited to: Mental Health America of the Mid-South, Tennessee Voices, NAMI Davidson County, and Park Center, as well as serving on other community task forces and coalitions to provide education and enhanced access to care

**Anticipated Impact:** Foster collaboration with key mental health organizations; Provide patient, family, provider, and general community education; Enhance access and outreach for individuals and stakeholders throughout the community

#### **Action Steps:**

Continue to collaborate with organizations such as the National Alliance on Mental Illness (NAMI) through event sponsorships and support of the annual NAMI Walk, as well as providing monthly support groups and education series for the public

Grow presence on key community boards/advisory councils to influence further policy and potentially the development of additional community-based services

Explore new relationships as deemed appropriate based on patient and organizational needs Educate community stakeholders regarding our new PHP for women dealing with mental health and perinatal challenges

Educate community stakeholders regarding our expanded and enhanced older adult/geriatric inpatient services

Increase access to Neuromodulation services for adults and youth

#### **Metrics & Milestones:**

Number of boards, task forces, advisory councils, etc., on which VBH has a strategic presence; Number of patients served in the various Partial Hospitalization Programs; Number of patients served in the geriatric program; Number of patients served in Neuromodulation services









**Strategy:** Utilize Vanderbilt's Psychiatric Assessment Service (PAS) to provide specialized assessments for patients with immediate behavioral health care needs in a therapeutic and safe environment

**Anticipated Impact:** Immediate assessment and stabilization of adult behavioral health patients, many of whom would otherwise have presented at the Emergency Department

#### **Action Steps:**

Continue to provide a full psychiatric evaluation as well as a medical screening

Continue to offer walk-in crisis evaluations for adults

Continue to coordinate referrals from the adult and pediatric emergency rooms as well as outside entities

Expand telehealth services to partner with regional hospitals to assess behavioral health patients in their EDs

#### **Metrics & Milestones:**

Number of total assessments provided; Number of walk-in patients serviced









**Strategy:** Provide evidence-based mental health treatment utilizing Vanderbilt Behavioral Health school-based mental health services in schools across Davidson County for students who are enrolled in TennCare

**Anticipated Impact:** Mental health care services provided for youth who would otherwise not be able to access mental health care; improved academic and behavioral functioning; reduced need for higher levels of care

#### **Action Steps:**

Continue to provide therapeutic services directly to students and their families, including individual, family, and group therapy and medication management services

Provide ongoing consultation to school staff on therapeutic approaches for students' unique needs

Assist in crisis management to promote student safety

Continue to partner with community-based organizations to support student/family needs

#### **Metrics & Milestones:**

Number of students and families served; Number of schools served; Types of services provided

#### **Anticipated Impact and Evaluation**

VUMC's Office of Community Health and Engagement will evaluate key metrics based on the anticipated impact and metrics noted in each action plan. As needed, the Community Health Workgroup will review publicly available data and other relevant data sources that provide a window into VUMC's success in addressing the prioritized needs. Publicly available data will be tracked and mapped using tools such as the HCI platform, focusing on populations most impacted by differences in health outcomes. Ongoing initiatives and programs will also be updated and tracked using the Community Impact Tracker.

# **Index of Acronyms**

CCQIR Center for Clinical Quality and Implementation Research

CHIP Community Health Improvement Plan
CHNA Community Health Needs Assessment

COO Chief Operating Officer

CSA Community Supported Agriculture

ED Emergency Department
GGH Growing Good Health

GME Graduate Medical Education

HCAHPS Hospital Consumer Assessment of Healthcare Providers and

Systems

HRSN Health-Related Social Needs
IOP Intensive Outpatient Program
IS Implementation Strategy

Monroe Carell Jr. Children's Hospital at Vanderbilt

MHAV My Health at Vanderbilt
MPH Master of Public Health
MVC Motor Vehicle Collisions

NAMI National Alliance on Mental Illness

OUD Opiate Use Disorder PAC Post-Acute Care

PAS Psychiatric Assessment Service

PCC Patient Care Center

PFAC Patient and Family Advisory Council

SNAP Supplemental Nutrition Assistance Program

SUD Substance Use Disorder

TDMHSAS Tennessee Department of Mental Health and Substance Abuse

Services Licensure

TMO Transition Management Office
UME Undergraduate Medical Education
VBCH Vanderbilt Bedford County Hospital

VBH Vanderbilt Behavioral Health

VHAN Vanderbilt Health Affiliated Network
VICC Vanderbilt Ingram Cancer Center

VICTR Vanderbilt Institute for Clinical and Translational Research
VISTA Vanderbilt Integrated Services for the Treatment of Addiction

VPH Vanderbilt Psychiatric Hospital

VSRH Vanderbilt Stallworth Rehabilitation Hospital

VTHH Vanderbilt Tullahoma-Harton Hospital

VUH Vanderbilt University Hospital

VUMC Vanderbilt University Medical Center
VUSM Vanderbilt University School of Medicine

VWCH Vanderbilt Wilson County Hospital WIC Women, Infants, and Children