

Date \_\_\_\_\_

### K-Card Falls

**\*Identify a high fall risk patient who is in their room.**

**See Reference Card for any N/A elements.**

1. Observe high risk sign outside door
2. Observe door is open, if patient alone
3. Observe walkway clear of cords, tubing, toys, and extra equipment
4. Observe appropriate crib/bed for age • Patient <3 y/o in appropriate crib, bassinet, giraffe bed, or panda bed for size/age • Patient >3 y/o in developmentally appropriate crib/bed
5. Observe crib/bed in lowest position with brakes locked
6. Observe side rails are to highest level x4 • All 4 side rails at highest level or 3 side rails at highest level and 4th blocked by caregiver
7. Observe non-skid footwear on or readily available • Patient wears non-skid footwear while ambulating or in bed <i>or</i> patient has non-skid footwear within reach and states they wear when ambulating
8. Observe call light in reach of patient or caregiver if patient unable to use call light
9. Verify patient/family received call light orientation • Interview patient/family: "Did a nurse teach you how to use the call light?"
10. Verify nurse completes hourly rounding • Interview patient/family: "Has a nurse checked on you at least every hour?"
11. Verify patient/family received falls education • Interview patient/family: "Have you received education on falls safety (i.e. side rails up, assistance before getting out of bed)?"
12. Verify nurse discussed fall risk at handoff • Interview nurse: "Was the patient's fall risk status discussed at handoff?"

**Reliability Criteria - Card is GREEN if:**

- All items are in compliance

**Follow-Up:**

- Give in the moment praise for keeping the patient safe.
- Insert card into slot with green side showing and document compliance and opportunities on K-Card Daily Results form

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**Reliability Criteria - Card is RED if:**

- One or more items are non-compliant

**Follow-Up:**

- Give in the moment coaching and ensure RN addresses non-compliant item(s).
- Insert card into slot with red side showing and document compliance and opportunities on K-Card Daily Results form