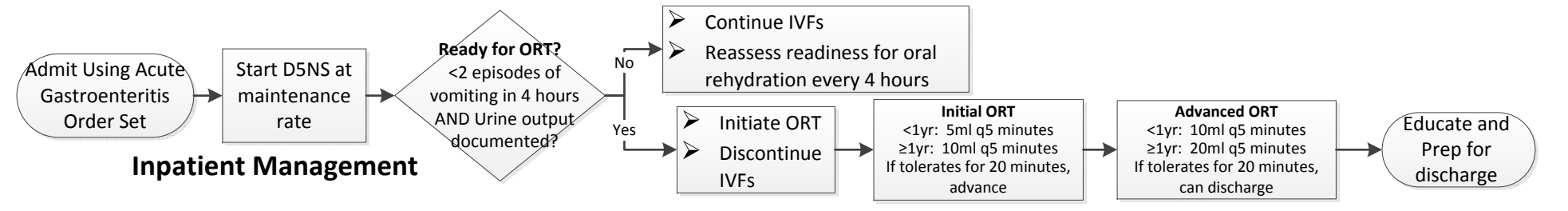
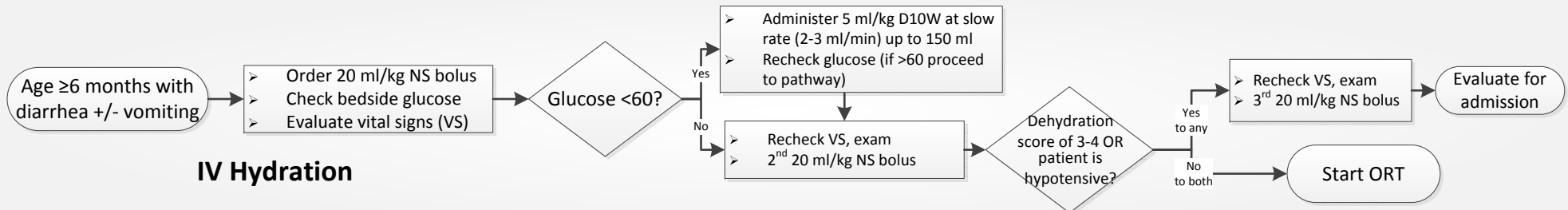
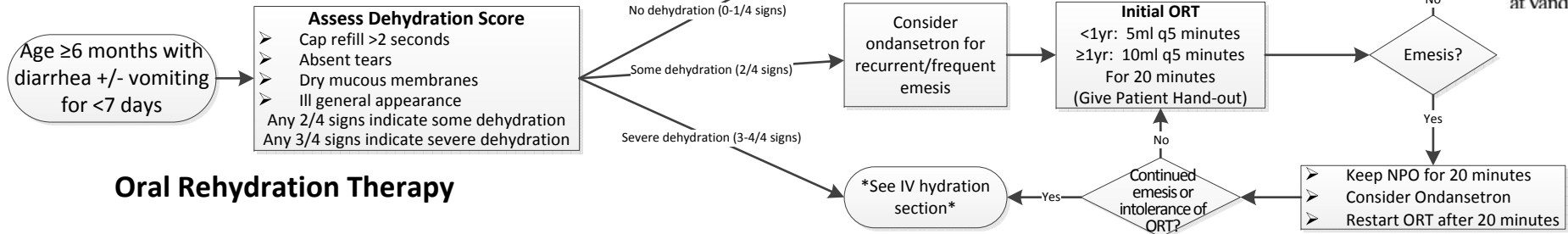


Acute Gastroenteritis ED/ Outpatient / Inpatient Management

Clinical Practice Guidelines



This guideline is intended for clinical use by outpatient and ED providers, inpatient providers, and phone triage

Admission criteria

- Altered mental status
- Lethargy
- Persistent vomiting
- Hypotension
- Persistent dehydration score of 3 or 4

Initial ORT

- <1yr: 5ml q5 minutes
- ≥1yr: 10ml q5 minutes
- If tolerates for 20 minutes, advance

Generally Not Recommended

- Labs
- IVFs
- Imaging studies
- Antidiarrheals
- Antibiotics

Advanced ORT

- <1yr: 10ml q5 minutes
- ≥1yr: 20ml q5 minutes
- If tolerates for 20 min, can discharge

Inclusion criteria

- Age ≥ 6 months with diarrhea +/- vomiting
- Less than 7 days of symptoms

Exclusion criteria

- Comorbid conditions (metabolic disorder, underlying cardiac or kidney disease, immunodeficiency, failure to thrive)
- Home use of diuretics or ACE inhibitors
- Vomiting alone or bilious emesis
- Bloody diarrhea
- Surgical abdomen
- Toxic appearance/ unstable vital signs
- Transfer from OSH or clinic, already on IVFs

Discharge criteria

- Sufficient rehydration indicated by wt gain or clinical status
- No IVFs required
- Urine output reviewed
- Family education provided
- Follow up with PCP available

Discharge Instructions

- Educate (patient hand-outs including ORT instructions)
- Start healthy, age-appropriate diet
- Continue ORT for additional 4-6 hours at home if started in ED/ clinic
- Ensure that patient has a PCP for follow up

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