

The Vanderbilt Child Health poll surveyed 1,034 Tennessee parents with children under 18 years old from November 3 — November 28, 2022. All reported percentages have survey weights applied, so their interpretation can be broadened to all parents in Tennessee. For example, “13.7% of Tennessee parents are concerned their child might have Depression that has not yet been diagnosed by a medical professional.”

All summaries are listed as weighted proportions of Tennessee Parents ± Standard of Error.

CHILDREN’S MENTAL/BEHAVIORAL HEALTH CONDITIONS

*If you have a child aged 6-17, has your child been **diagnosed** by a medical professional with any of the following conditions?*

*If you have a child aged 6-17, are you concerned your child might have one of the following conditions, but **has not yet been diagnosed**?*

*It was possible to choose more than one answer

	2022	2021	2020	2019	2022	2021	2020	2019
ADHD/ADD	16.6% ± 1.8	15.0% ± 1.7	11.1% ± 1.4	15.7% ± 1.8	11.3% ± 1.7	7.6% ± 1.2	6.7% ± 1.3	6.7% ± 1.3
Anxiety	14.3% ± 1.7	15.5% ± 1.8	9.8% ± 1.2	10.9% ± 1.4	20.2% ± 2.2	17.1% ± 1.9	21.7% ± 2.2	13.8% ± 1.5
Autism	5.5% ± 1.0	3.6% ± 0.9	4.9% ± 1.0	NA	1.3% ± 0.5	1.8% ± 0.6	1.9% ± 0.6	NA
Bipolar disorder	2.4% ± 0.7	1.2% ± 0.3	3.0% ± 0.8	2.0% ± 0.5	3.6% ± 0.8	5.3% ± 1.2	5.5% ± 1.1	4.7% ± 1.0
Depression	9.3% ± 1.5	7.9% ± 1.1	7.2% ± 1.2	7.5% ± 1.2	13.7% ± 1.8	13.2% ± 1.7	10.6% ± 1.5	11.8% ± 1.7
Eating disorder	1.4% ± 0.5	3.1% ± 0.8	3.3% ± 0.7	1.1% ± 0.5	3.5% ± 0.8	3.0% ± 0.7	3.9% ± 1.1	3.1% ± 1.0
ODD	1.7% ± 0.5	1.0% ± 0.4	1.6% ± 0.5	2.0% ± 0.6	3.0% ± 0.7	2.6% ± 0.6	2.5% ± 0.8	2.5% ± 0.8
PTSD	1.7% ± 0.5	1.6% ± 0.5	2.8% ± 0.6	2.3% ± 0.5	5.9% ± 1.3	3.6% ± 1.1	5.3% ± 1.2	2.4% ± 0.7
Self-harm	2.7% ± 0.9	2.3% ± 0.7	3.5% ± 0.8	3.0% ± 0.9	2.7% ± 0.8	1.2% ± 0.4	2.2% ± 0.6	2.4% ± 0.6
Stress	NA	5.6% ± 0.9	6.5% ± 1.1	4.2% ± 0.8	NA	16.0% ± 1.9	11.6% ± 1.6	10.4% ± 1.4
Substance use disorder	2.3% ± 0.8	1.1% ± 0.5	1.4% ± 0.6	1.1% ± 0.6	3.1% ± 0.8	2.6% ± 0.6	2.4% ± 0.6	1.7% ± 0.6
Suicidal thoughts/intentions	1.9% ± 0.5	2.6% ± 0.7	3.4% ± 0.8	2.4% ± 0.7	2.7% ± 0.7	4.0% ± 1.0	2.9% ± 0.7	3.8% ± 0.9
Other	0.5% ± 0.3	0.7% ± 0.3	2.8% ± 0.8	2.8% ± 0.7	0.1% ± 0.1	0.0% ± 0.0	0.5% ± 0.2	0.1% ± 0.0
None of these	64.1% ± 2.4	67.0% ± 2.3	68.3% ± 2.3	70.6% ± 2.2	61.0% ± 2.4	60.4% ± 2.4	58.4% ± 2.6	66.1% ± 2.3

*If you have a child aged 6-17, has your child been **diagnosed or are you concerned** that your child might have one of the following conditions?*

*It was possible to choose more than one answer

	2022	2021	2020	2019
ADHD/ADD	26.0% ± 2.1	21.4% ± 1.9	17.0% ± 1.7	22.5% ± 2.0
Anxiety	31.6% ± 2.3	29.9% ± 2.2	29.2% ± 2.3	24.7% ± 2.0
Autism	6.7% ± 1.1	5.3% ± 1.0	6.7% ± 1.2	NA
Bipolar disorder	5.9% ± 1.1	6.4% ± 1.2	8.3% ± 1.3	6.6% ± 1.1
Depression	21.6% ± 2.1	20.0% ± 1.8	17.0% ± 1.8	19.3% ± 2.0
Eating disorder	4.8% ± 1.0	6.0% ± 1.0	7.1% ± 1.3	4.2% ± 1.1
ODD	4.6% ± 0.9	3.5% ± 0.7	4.0% ± 0.9	4.5% ± 1.0
PTSD	7.5% ± 1.4	5.2% ± 1.2	7.9% ± 1.3	4.7% ± 0.9
Self-harm	5.4% ± 1.1	3.4% ± 0.8	5.6% ± 1.0	5.3% ± 1.1
Stress	NA	20.7% ± 2.0	17.3% ± 1.8	14.5% ± 1.6
Substance use disorder	5.3% ± 1.1	3.7% ± 0.8	3.8% ± 0.9	2.8% ± 0.9
Suicidal thoughts/intentions	4.6% ± 0.8	6.5% ± 1.2	6.1% ± 1.0	6.3% ± 1.1
Other	0.7% ± 0.4	0.8% ± 0.3	3.2% ± 0.8	2.8% ± 0.7
None of these	46.5% ± 2.5	48.5% ± 2.6	46.0% ± 2.7	52.7% ± 2.5

Stratified by Race/Ethnicity Groups and Tennessee Regions

<i>Diagnosed Condition</i>	N	Anxiety	Depression	ADHD/ADD
Race/Ethnicity				
White, Non-Hispanic	629	13.4% ± 1.8	9.6% ± 1.8	17.2% ± 2.1
Black, Non-Hispanic	83	11.8% ± 4.0	6.5% ± 2.9	11.8% ± 4.0
Other/2+ races, Non-Hispanic/Hispanic	72	24.5% ± 7.5	10.8% ± 4.5	19.1% ± 7.1
TN Region				
West	156	10.1% ± 2.9	10.5% ± 3.0	17.2% ± 3.6
Middle	313	16.1% ± 2.8	8.4% ± 2.4	14.8% ± 2.6
East	315	14.4% ± 2.7	9.6% ± 2.4	18.4% ± 3.3

<i>Undiagnosed Condition</i>	N	Anxiety	Depression	ADHD/ADD
Race/Ethnicity				
White, Non-Hispanic	628	20.6% ± 2.5	14.4% ± 2.1	11.8% ± 2.0
Black, Non-Hispanic	84	18.3% ± 4.9	11.2% ± 4.6	7.1% ± 3.0
Other/2+ races, Non-Hispanic/Hispanic	74	19.3% ± 6.8	12.6% ± 6.2	14.3% ± 6.1
TN Region				
West	158	21.6% ± 4.5	7.6% ± 2.5	9.4% ± 3.0
Middle	312	16.6% ± 2.9	13.3% ± 2.9	10.9% ± 2.3
East	316	23.3% ± 3.9	17.1% ± 3.2	12.6% ± 3.2

<i>Diagnosed or Undiagnosed Condition</i>	N	Anxiety	Depression	ADHD/ADD
Race/Ethnicity				
White, Non-Hispanic	630	31.2% ± 2.6	22.5% ± 2.4	26.9% ± 2.5
Black, Non-Hispanic	83	28.0% ± 5.6	17.0% ± 5.0	18.1% ± 4.7
Other/2+ races, Non-Hispanic/Hispanic	72	39.4% ± 8.1	22.2% ± 6.8	30.9% ± 7.9
TN Region				
West	156	29.6% ± 4.8	17.4% ± 3.6	25.1% ± 4.2
Middle	311	30.0% ± 3.5	20.7% ± 3.4	24.2% ± 3.1
East	318	34.3% ± 3.8	24.8% ± 3.5	28.5% ± 3.8

Note: N's are unweighted; row-wise percentages presented (e.g. "11.2% of Black, Non-Hispanic parents were worried about undiagnosed Depression in their children, compared to 14.4% of White, Non-Hispanic parents")

* No statistically significant differences across categories by Rao-Scott corrected Chi-Square testing

TIMING OF DIAGNOSIS

If your child has been diagnosed with a mental or behavioral health condition, when was your child diagnosed for this condition?

	Within the last year	Within the last 1-2 years	More than 2 years ago
ADHD/ADD	18.5% ± 5.4	14.3% ± 4.5	67.2% ± 6.1
Anxiety	36.8% ± 6.3	32.5% ± 6.2	30.7% ± 5.4
Autism	14.5% ± 6.1	13.2% ± 6.7	72.4% ± 8.4
Bipolar disorder	40.2% ± 14.9	26.4% ± 11.0	33.4% ± 14.0
Depression	38.4% ± 8.6	39.9% ± 8.5	21.6% ± 5.5
Eating disorder	53.6% ± 20.2	33.7% ± 18.2	12.7% ± 12.6
ODD	29.1% ± 13.1	27.4% ± 15.3	43.5% ± 14.5
PTSD	39.8% ± 15.9	27.6% ± 12.8	32.6% ± 12.4
Self-harm	63.4% ± 14.2	26.0% ± 12.0	10.6% ± 6.4
Substance use disorder	74.3% ± 13.3	20.6% ± 12.1	5.1% ± 5.3
Suicidal thoughts/intentions	28.8% ± 11.5	29.1% ± 11.4	42.1% ± 14.6

MENTAL HEALTH SERVICES

If you have a child aged 6-17, does your child currently receive mental health services?

	All Parents		Diagnosed Condition		Undiagnosed Condition	
	Yes	No	Yes	No	Yes	No
Overall	22.6% ± 2.1	77.4% ± 2.1	49.7% ± 4.2	50.3% ± 4.2	39.4% ± 3.9	60.6% ± 3.9
Race/Ethnicity		*				*
White, Non-Hispanic	23.0% ± 2.4	77.0% ± 2.4	47.6% ± 4.8	52.4% ± 4.8	37.3% ± 4.3	62.7% ± 4.3
Black, Non-Hispanic	11.8% ± 3.6	88.2% ± 3.6	38.8% ± 11.2	61.2% ± 11.2	26.2% ± 8.6	73.8% ± 8.6
Other/2+ races, Non-Hispanic/Hispanic	35.4% ± 8.2	64.6% ± 8.2	73.4% ± 10.2	26.6% ± 10.2	66.1% ± 10.7	33.9% ± 10.7
TN Region						
West	20.5% ± 4.0	79.5% ± 4.0	52.7% ± 8.3	47.3% ± 8.3	41.4% ± 7.8	58.6% ± 7.8
Middle	19.8% ± 3.1	80.2% ± 3.1	46.6% ± 6.4	53.4% ± 6.4	36.3% ± 6.0	63.7% ± 6.0
East	26.8% ± 3.7	73.2% ± 3.7	51.7% ± 7.2	48.3% ± 7.2	41.1% ± 6.3	58.9% ± 6.3

Note: N's are unweighted; row-wise percentages presented (e.g. "11.8% of Black, Non-Hispanic parents reported that their child currently receives mental health services, compared to 23.0% of White, Non-Hispanic parents")

* $p < 0.05$ by Rao-Scott corrected Chi-Square test

If your child receives mental health services, who provides mental health services to your child?

**It was possible to choose more than one answer*

	N	Counselor or therapist outside of school	Pediatrician or family doctor	Psychiatrist
Overall	182	66.4% ± 4.8	29.6% ± 4.9	20.1% ± 4.3
Race/Ethnicity				*
White, Non-Hispanic	151	68.4% ± 5.3	31.7% ± 5.7	12.8% ± 3.4
Black, Non-Hispanic	12	33.8% ± 14.3	40.9% ± 15.8	25.6% ± 15.1
Other/2+ races, Non-Hispanic/Hispanic	19	73.2% ± 12.6	14.6% ± 10.2	50.4% ± 15.0
TN Region				
West	38	54.0% ± 10.9	30.2% ± 9.8	21.1% ± 8.6
Middle	61	69.5% ± 8.1	33.7% ± 9.0	21.6% ± 7.7
East	83	68.6% ± 6.7	25.8% ± 6.4	18.4% ± 6.4

	N	School counselor or other school based service	Psychologist	Faith based provider
Overall	182	19.9% ± 4.4	15.5% ± 3.9	4.5% ± 1.7
Race/Ethnicity				*
White, Non-Hispanic	151	14.5% ± 4.3	19.8% ± 5.0	6.0% ± 2.2
Black, Non-Hispanic	12	25.3% ± 14.0	6.8% ± 6.7	0.0% ± 0.0
Other/2+ races, Non-Hispanic/Hispanic	19	41.5% ± 15.0	0.5% ± 0.6	0.0% ± 0.0
TN Region				
West	38	27.5% ± 10.0	7.3% ± 3.8	3.0% ± 2.3
Middle	61	24.5% ± 7.6	12.1% ± 4.7	7.2% ± 3.7
East	83	12.9% ± 6.5	21.7% ± 7.4	2.8% ± 1.9

Note: N's are unweighted; row-wise percentages presented (e.g. "33.8% of Black, Non-Hispanic parents with a child who receives mental health services reported that their child receives mental health services from a counselor or therapist outside of school, compared to 68.4% of White, Non-Hispanic parents")

** $p < 0.05$ by Rao-Scott corrected Chi-Square test*

If your child does not receive mental health services, why doesn't your child receive mental health services?

**It was possible to choose more than one answer*

	N	My child does not need mental health services.	My child's doctor did not recommend it.	I cannot afford it.	The times which offices are open do not work with my work schedule.
Overall	609	73.4% ± 2.4	20.9% ± 2.1	3.8% ± 0.9	2.5% ± 0.8
Race/Ethnicity					
White, Non-Hispanic	481	73.9% ± 2.7	18.2% ± 2.3	4.7% ± 1.1	2.2% ± 0.8
Black, Non-Hispanic	73	70.4% ± 6.2	30.8% ± 6.3	1.9% ± 1.4	4.4% ± 3.0
Other/2+ races, Non-Hispanic/Hispanic	55	75.1% ± 7.3	23.8% ± 7.4	0.3% ± 0.3	1.2% ± 1.2
TN Region					
West	121	71.9% ± 5.3	17.3% ± 3.8	6.3% ± 2.4	2.0% ± 1.0
Middle	252	77.0% ± 3.2	20.3% ± 3.3	2.9% ± 0.9	1.9% ± 0.9
East	236	69.8% ± 4.3	23.6% ± 3.8	3.5% ± 1.6	3.5% ± 1.7

	N	I cannot find a provider who will accept my insurance.	I cannot find a mental health professional in my area.	I do not have health insurance.	I do not have reliable transportation.
Overall	609	2.2% ± 0.7	1.6% ± 0.5	0.5% ± 0.2	0.5% ± 0.2
Race/Ethnicity					
White, Non-Hispanic	481	2.5% ± 0.9	2.1% ± 0.7	0.5% ± 0.3	0.7% ± 0.3
Black, Non-Hispanic	73	0.6% ± 0.6	0.0% ± 0.0	0.0% ± 0.0	0.0% ± 0.0
Other/2+ races, Non-Hispanic/Hispanic	55	2.7% ± 1.8	0.3% ± 0.3	1.1% ± 1.1	0.3% ± 0.3
TN Region					
West	121	2.6% ± 1.4	2.6% ± 1.3	0.2% ± 0.2	0.0% ± 0.0
Middle	252	2.3% ± 1.1	1.2% ± 1.0	0.8% ± 0.4	0.9% ± 0.5
East	236	1.8% ± 0.9	1.5% ± 0.6	0.3% ± 0.3	0.4% ± 0.4

Note: N's are unweighted; row-wise percentages presented (e.g. "30.8% of Black, Non-Hispanic parents with a child who does not receive mental health services reported that their child does not receive mental health services because their child's doctor did not recommend it, compared to 18.2% of White, Non-Hispanic parents")

** No statistically significant differences across categories by Rao-Scott corrected Chi-Square testing*