

The Vanderbilt Child Health poll surveyed 1,026 Tennessee parents with children under 18 years old from October 19 —November 28, 2021. All reported percentages have survey weights applied, so their interpretation can be broadened to all parents in Tennessee. For example, “35.8% of Tennessee parents report that their child spends between 1-2 hours per day using a screen for educational purposes.”

Unless otherwise noted, all summaries are listed as weighted proportions of Tennessee Parents ± Standard Error. Additionally, N’s are unweighted, row-wise percentages are presented, and p-values presented are from Rao-Scott corrected chi-square tests.

### SCREENTIME

*For **educational** purposes, approximately how many hours per day does your child spend using a screen (cell phone, tablet/iPad, laptop, computer, TV, etc.)?*

	N	Less than 1 hour	1-2 hours	2-4 hours	4-6 hours	6-8 hours	More than 8 hours
<b>Overall</b>	1025	12.0% ± 1.7	26.8% ± 2.0	35.8% ± 2.2	16.5% ± 1.5	5.6% ± 0.9	3.2% ± 0.9
<b>Race/Ethnicity</b>							
White, Non-Hispanic	789	12.2% ± 2.0	29.2% ± 2.4	35.4% ± 2.5	15.9% ± 1.7	4.6% ± 0.8	2.8% ± 0.9
Black, Non-Hispanic	117	12.6% ± 4.1	22.2% ± 5.6	28.7% ± 5.2	21.1% ± 4.4	8.7% ± 3.0	6.7% ± 3.6
Other/2+ races, Non-Hispanic/Hispanic	119	9.6% ± 4.5	18.1% ± 4.8	48.7% ± 6.9	14.4% ± 3.8	8.0% ± 4.0	1.2% ± 0.6
<b>TN Region</b>							
West	213	13.0% ± 3.8	29.7% ± 4.8	28.8% ± 4.2	18.1% ± 3.4	6.4% ± 1.6	4.0% ± 2.7
Middle	368	9.7% ± 2.5	26.4% ± 3.5	38.1% ± 3.6	18.4% ± 2.7	4.1% ± 1.3	3.3% ± 1.5
East	443	13.7% ± 2.8	25.7% ± 2.8	37.2% ± 3.4	13.7% ± 2.0	6.8% ± 1.8	2.8% ± 0.9

*For **fun and entertainment**, approximately how many hours per day does your child spend using a screen (cell phone, tablet/iPad, laptop, computer, TV, etc.)?*

	N	Less than 1 hour	1-2 hours	2-4 hours	4-6 hours	6-8 hours	More than 8 hours
<b>Overall</b>	1025	17.5% ± 1.9	33.0% ± 2.1	30.1% ± 2.0	13.9% ± 1.5	3.9% ± 0.8	1.6% ± 0.6
<b>Race/Ethnicity</b>							
White, Non-Hispanic	789	17.4% ± 2.1	36.6% ± 2.5	29.1% ± 2.3	12.2% ± 1.6	3.1% ± 0.6	1.7% ± 0.8
Black, Non-Hispanic	117	22.3% ± 6.0	21.2% ± 4.8	29.9% ± 5.2	18.1% ± 4.4	6.5% ± 2.4	1.9% ± 1.3
Other/2+ races, Non-Hispanic/Hispanic	119	10.6% ± 4.6	26.7% ± 5.5	37.5% ± 6.6	19.2% ± 5.7	5.6% ± 4.2	0.4% ± 0.3
<b>TN Region</b>							
West	213	21.3% ± 4.6	26.5% ± 4.3	32.1% ± 4.6	14.9% ± 3.3	4.0% ± 1.2	1.2% ± 1.0
Middle	368	13.8% ± 2.9	34.4% ± 3.6	33.3% ± 3.4	13.5% ± 2.5	2.5% ± 0.9	2.4% ± 1.4
East	443	19.1% ± 2.9	35.2% ± 3.2	26.0% ± 3.0	13.6% ± 2.2	5.3% ± 1.6	0.9% ± 0.4

*Do you limit your child's screentime?*

	N	Yes	No	p-value
<b>Overall</b>	1023	67.0% ± 2.1	33.0% ± 2.1	
<b>Race/Ethnicity</b>				0.26
White, Non-Hispanic	788	65.7% ± 2.5	34.3% ± 2.5	
Black, Non-Hispanic	116	66.2% ± 5.5	33.8% ± 5.5	
Other/2+ races, Non-Hispanic/Hispanic	119	77.2% ± 5.7	22.8% ± 5.7	
<b>TN Region</b>				0.19
West	213	64.6% ± 4.8	35.4% ± 4.8	
Middle	368	71.8% ± 3.3	28.2% ± 3.3	
East	441	63.6% ± 3.3	36.4% ± 3.3	

*How much do you worry about your child's screentime?*

	N	Not at all worried	Somewhat worried	Moderately worried	Very worried	p-value
<b>Overall</b>	1021	29.8% ± 2.1	35.7% ± 2.2	26.3% ± 2.0	8.2% ± 1.2	
<b>Race/Ethnicity</b>						0.19
White, Non-Hispanic	788	27.2% ± 2.3	38.3% ± 2.6	26.4% ± 2.3	8.1% ± 1.4	
Black, Non-Hispanic	115	42.7% ± 6.1	26.4% ± 4.9	23.3% ± 4.9	7.6% ± 3.3	
Other/2+ races, Non-Hispanic/Hispanic	118	28.2% ± 6.7	31.9% ± 6.3	29.9% ± 6.4	10.0% ± 3.4	
<b>TN Region</b>						0.11
West	212	37.0% ± 4.9	32.1% ± 4.5	27.6% ± 4.5	3.3% ± 1.1	
Middle	367	27.4% ± 3.5	33.2% ± 3.5	29.3% ± 3.4	10.1% ± 2.2	
East	441	28.5% ± 3.0	40.0% ± 3.4	22.7% ± 2.7	8.8% ± 2.0	

*How much do you worry about cyberbullying (hurtful texts or instant messages, spreading rumors online, posting embarrassing photos/videos, online impersonation, etc.) of your child?*

Note: Asked to parents with children age 6-17

	N	Not at all worried	Somewhat worried	Moderately worried	Very worried	p-value
<b>Overall</b>	811	28.2% ± 2.4	36.1% ± 2.5	23.1% ± 2.1	12.6% ± 1.5	
<b>Race/Ethnicity</b>						0.98
White, Non-Hispanic	633	28.2% ± 2.8	36.9% ± 2.8	22.3% ± 2.3	12.7% ± 1.7	
Black, Non-Hispanic	93	30.1% ± 6.0	34.6% ± 6.7	24.4% ± 6.3	10.8% ± 3.8	
Other/2+ races, Non-Hispanic/Hispanic	85	25.4% ± 6.8	32.8% ± 7.6	26.6% ± 7.3	15.2% ± 4.3	
<b>TN Region</b>						0.78
West	169	32.0% ± 5.4	33.1% ± 5.4	22.9% ± 5.0	12.0% ± 2.7	
Middle	298	23.7% ± 3.7	38.3% ± 4.1	25.2% ± 3.6	12.8% ± 2.2	
East	343	31.0% ± 3.7	35.5% ± 3.7	21.1% ± 3.0	12.5% ± 2.5	

**CYBERBULLYING**

*To the best of your knowledge, has your child ever been cyberbullied?*

Note: Asked to parents with children age 6-17

	<b>N</b>	<b>Yes</b>	<b>No</b>	<b>I don't know</b>	<b>p-value</b>
<b>Overall</b>	812	13.3% ± 1.6	75.4% ± 2.1	11.3% ± 1.6	
<b>Race/Ethnicity</b>					0.98
White, Non-Hispanic	633	13.0% ± 1.7	75.7% ± 2.4	11.3% ± 1.9	
Black, Non-Hispanic	93	12.5% ± 4.1	76.1% ± 5.3	11.4% ± 3.7	
Other/2+ races, Non-Hispanic/Hispanic	85	16.4% ± 5.8	72.4% ± 6.8	11.2% ± 4.4	
<b>TN Region</b>					0.07
West	170	15.6% ± 3.6	71.5% ± 5.0	12.9% ± 4.0	
Middle	297	15.9% ± 2.8	77.2% ± 3.3	6.9% ± 1.9	
East	343	9.3% ± 1.9	75.9% ± 3.1	14.8% ± 2.7	

*To the best of your knowledge, has your child ever engaged in cyberbullying others?*

Note: Asked to parents with children age 6-17

	<b>N</b>	<b>Yes</b>	<b>No</b>	<b>I don't know</b>	<b>p-value</b>
<b>Overall</b>	812	3.2% ± 0.7	88.7% ± 1.4	8.1% ± 1.3	
<b>Race/Ethnicity</b>					0.65
White, Non-Hispanic	633	3.4% ± 0.7	88.7% ± 1.7	7.9% ± 1.5	
Black, Non-Hispanic	93	3.6% ± 2.1	85.6% ± 4.2	10.8% ± 3.8	
Other/2+ races, Non-Hispanic/Hispanic	85	1.4% ± 1.3	93.7% ± 3.1	4.9% ± 2.8	
<b>TN Region</b>					0.04
West	170	5.3% ± 1.8	81.3% ± 4.4	13.4% ± 4.2	
Middle	297	3.3% ± 1.1	91.7% ± 1.9	4.9% ± 1.6	
East	343	1.9% ± 0.7	89.7% ± 1.9	8.4% ± 1.8	

*If you have a child aged 6-17 who has been cyberbullied (N=125), how did you find out about the cyberbullying?*

*If you have a child aged 6-17 who has engaged in cyberbullying others (N=36), how did you find out about the cyberbullying?*

\*It was possible to choose more than one answer

<b>My child willingly told me</b>	61.9% ± 5.8	27.0% ± 8.0
<b>Routinely check my child's phone or electronics</b>	32.6% ± 5.8	34.6% ± 10.5
<b>I questioned my child</b>	24.6% ± 5.3	19.4% ± 8.3
<b>Discovered accidentally</b>	18.0% ± 4.3	50.3% ± 10.3
<b>My child's school</b>	16.1% ± 4.0	21.9% ± 8.7
<b>A friend or fellow parent</b>	12.5% ± 3.8	18.2% ± 6.6
<b>None of these</b>	1.8% ± 1.7	NA

*If you have a child aged 6-17 who has been cyberbullied (N=125), Where did the cyberbullying occur?*

*If you have a child aged 6-17 who has engaged in cyberbullying others (N=36), where did the cyberbullying occur?*

\*It was possible to choose more than one answer

<b>Facebook</b>	39.6% ± 6.0	55.7% ± 10.0
<b>TikTok</b>	31.1% ± 5.9	30.5% ± 10.9
<b>Snapchat</b>	29.6% ± 5.7	34.7% ± 9.8
<b>Instagram</b>	23.4% ± 5.4	36.2% ± 9.9
<b>Online video games</b>	22.1% ± 4.7	30.7% ± 8.8
<b>Texting or other electronic messaging</b>	19.8% ± 4.6	10.6% ± 4.9
<b>Discord</b>	15.2% ± 5.3	15.5% ± 7.0
<b>YouTube</b>	13.8% ± 3.9	13.6% ± 7.3
<b>Twitter</b>	11.3% ± 3.3	13.4% ± 6.7
<b>Email</b>	8.8% ± 2.7	17.4% ± 6.5
<b>Zoom or online schooling platforms</b>	2.2% ± 1.4	0.3% ± 0.3
<b>None of these</b>	1.2% ± 0.7	NA
<b>Other</b>	1.0% ± 0.8	6.2% ± 4.5