# VANDERBILT 💱 HEALTH

# Supplemental Nutrition Assistance Program (SNAP)

# Am I eligible for SNAP?

In order to get SNAP/food stamp benefits, you must apply in the state where you currently live, and meet certain guidelines.

Before you begin an application, please have the following information:

- your income amount
- rent or mortgage amount
- utility bills
- child support amount
- day care expenses
- medical bills
- social security or VA payments
- savings account, checking account, cash on hand and other assets.

If you wish to learn more about eligibility in the state of Tennessee you may visit:



# How do I apply for SNAP?

Anyone in your household who is applying for SNAP benefits must provide their:

- social security number
- citizenship or immigration status.

SNAP benefits are usually limited to U.S. citizens. In special cases, sometimes non-citizens may also get benefits. To qualify for SNAP, non-citizens must meet one of these guidelines:

- lived in the United States for at least 5 years
- currently receiving disability-related assistance or benefits
- under 18 years of age.

# How do I complete an application?

You can apply either online or in person.

#### Online

Please visit faonlineapp.dhs.tn.gov



#### In-person

If you prefer to fill out a paper form in-person, you can visit your local DHS county office:

#### **Davidson County Office**

1000 2nd Avenue North, Nashville, TN 37243 Hours: 7:30 a.m. – 4:30 p.m. Phone: (615) 532-4000 or main call center (615) 743-2000 Fax: (615) 532-4341 "FA" Email: FA Co19-Mailbox.DHS@tn.gov

#### Williamson County Office

203-B Beasley Drive, Franklin, TN 37064-3907 Hours: 8:00 a.m. – 4:30 p.m. Phone: (615) 790-5500 Toll Free: 1 (855) 247-5874 Fax: (615) 790-5652 Email: FA\_Co94-Mailbox.DHS@tn.gov

#### Wilson County

155 Legends Drive, Suite G, Lebanon, TN 37087
Hours: 8:00 a.m. – 4:30 p.m.
Phone: (615) 443-2746 Toll Free: 1 (888) 522-0091
Fax: (615) 443-2761
Email: FA\_Co95-Mailbox.DHS@tn.go

#### **Rutherford County**

1711B Old Fort Parkway, Murfreesboro, TN 37129 Hours: 8:00 a.m. – 4:30 p.m. Phone: (615) 848-5153 Toll Free: 1 (866) 638-8227 Fax: (615) 848-5107 Email: FA\_Co75-Mailbox.DHS@tn.gov

#### **Sumner County**

393 Maple Street, Suite 200, Gallatin, TN 37066
Hours: 8:00 a.m. – 4:30 p.m.
Phone: (615) 451-5814 Toll Free: 1 (866) 961-9001
Fax: (615) 451-6394
Email: FA Co83-Mailbox.DHS@tn.gov

#### **Cheatham County**

286 Frey Street, Suite 101, Ashland City, TN 37015

Hours: 8:00 a.m. – 4:30 p.m.

Phone: (615) 746-3164

Fax: (615) 792-9280

Email: FA\_Co11-Mailbox.DHS@tn.gov

#### **Maury County**

1400 College Park Drive. Suite B, Columbia, TN 38401 Hours: 8:00 a.m. – 4:30 p.m. Phone: (931) 380-2552 Fax: (931) 380-3396 Email: FA\_Co58-Mailbox.DHS@tn.gov

Remember to write down your case number from your application to use later in the process. If you have any troubles you can contact the Tennessee State Information/hotline number at (866) 311-4287.

For further assistance from the non-profit Feed America, visit:



# How soon can I get SNAP benefits?

In most cases, once you submit your application you will receive a notice within 30 days telling you whether you are eligible for benefits. During this 30 day wait time, you must also complete an interview either over the phone or in person to give proof of the information you provided.

You may be eligible to receive SNAP benefits within 7 days of your application date if:

- your household has less than \$100 in cash and \$150 in monthly total income.
- your household's total monthly income and cash are less than what you pay each month for rent/mortgage and utilities/expenses.

### How will I get my benefits?

If you are eligible for SNAP, you will get benefits on an Electronic Benefit Transfer (EBT) card, which looks and works like a debit card.

These benefits are automatically loaded into your account each month. You can use your EBT card to buy groceries at authorized food stores.

#### How do I renew my benefits?

- You will get a notice that tells you how long you will able to use your SNAP benefits. This is called your certification period.
- Before your certification period ends, you will get another notice that says you must re-certify to continue getting benefits.
- You may re-certify through the website where you completed your original application.
- You may also contact your local SNAP office for information about how to re-certify.

If you are between the ages of 18-49 without dependents, you may need to satisfy certain work requirements to renew after three months of benefits. Follow the link below for more information:

