Obesity... 

may result from an abusive physiological response to episodic food insecurity, which can lead to binge eating habits when food is plentiful.

Cyclical food restriction... 

has been associated with an increase in body fat, decreases in lean muscle mass, and quicker weight gain with response to referring.

Food stamp cycle... 

refers to a 3-week period of overeating when SNAP resources are available, followed by a one week period of involuntary food restriction when resources have been depleted.