SNAP Outreach

What is SNAP?
Supplemental nutrition assistance program (SNAP) provides households with benefits to help buy food.

What is SNAP Outreach?
SNAP Outreach helps give information to people about the benefits of the SNAP program. A counselor will assist in pre-screening and helping you fill out the SNAP application.

Where do I find a Counselor?
You can find a counselor at:
• Emergency Food Box (EFB) sites
• Mobile Pantry sites
• Second Harvest partner agency locations

What is the process?
In the pre-screening, the counselor will work with you to see if you meet the terms for application and how much benefit you could get. Then, you would work together to fill out the application to receive those benefits.

How long will the process take?
The counselor should help the application process go quicker. However, once the application is turned in for review, this process can take up to 30 days before receiving the benefits.

What are the benefits of SNAP?
The benefits are given through the Electronic Benefits Transfer (EBT) system. The benefits can be used to buy food for the household. Food items that can be purchased include:
• breads and cereals
• fruits and vegetables
• meat, fish and poultry
• dairy

How long do I have the benefits?
Information will be given telling you how long you will have the benefits. Another notice will be sent reminding you when it is time to reapply for benefits.

Have other questions?
Call a Benefits Outreach Counselor at 615-310-0752 or email at paige.hopkins@secondharvestmidtn.org