Healthy employees have always been a priority for Vanderbilt University Medical Center — regardless of their income — which is why we are offering employees who meet the pay level a chance to enroll in a CSA. CSA stands for community supported agriculture and works like a subscription program for vegetables and fruits. Participants receive a share of the harvest. Enrollment in a CSA allows employees to get local, seasonal produce directly from a farm.

For more information, visit https://www.vumc.org/cbmes/growing-good-health.

*Discount shares are available to the first 150 employees who sign up for a half or full share but don’t meet the pay level for the program.

5 THINGS TO KNOW ABOUT THE CSA PROGRAM

1. To participate, employees must make up to $30,000 per year and be willing to pick up their weekly or biweekly share.*

2. Participants can join one of six CSA farms: Bells Bend Farms, Old School Farm, Sugar Camp Farm, Green Door Gourmet, Delvin Farms, & Sweeter Days Farm.

3. Participants can choose either a half share (for individuals or small families) or full share (for larger families).

4. While VUMC will cover the cost of the CSA, participants are responsible for paying the tax, which averages $120 for a half share, divided over two pay periods or $240 for a full share, divided over two pay periods.

5. Participants are asked to complete a confidential survey about food and eating habits before and after the CSA season for the program partner, Rooted Community Health initiative.

For more information, visit https://www.vumc.org/cbmes/growing-good-health.

CSA FAIR APRIL 24, 11 A.M. – 2 P.M. IN NORTH LOBBY OF LIGHT HALL
ENROLLMENT DEADLINE IS MAY 4