

QuizTime

COURSE CATALOG

2021

A
DIFFERENT
WAY
TO LEARN

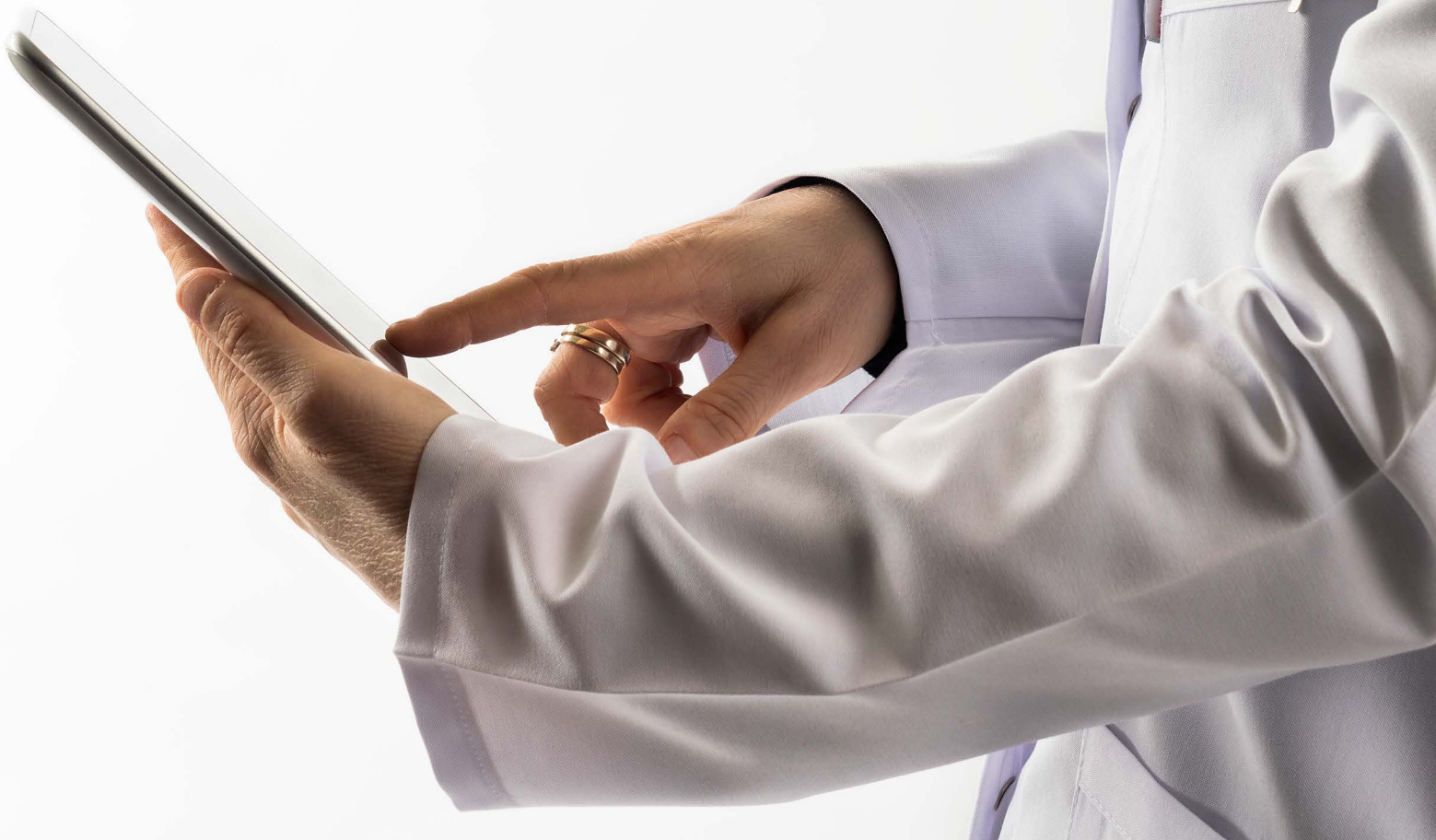


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ABOUT QUIZTIME

THE BASICS

QuizTime is an online learning system consisting of highly relevant and practical content delivered one question a day, one concept at a time, using a web-app quizzing platform.

BASED ON

The QuizTime approach is a highly effective way to learn, based on repetition and retrieval of core concepts spaced out over time. Rather than a single information-dense presentation, QuizTime delivers “micro-chunks” of knowledge in the context of the clinical situations where the knowledge will be used.

DIFFERENT

Effective, convenient, fast, and fun. With QuizTime, the knowledge comes to you, where you want it, how you want it, and when you want it. No need to attend live courses or spend time in front of a screen.

SUCCESSFUL

Studies using this spaced, retrieval-based approach to learning have shown superior knowledge retention and sustained performance improvement in settings ranging from grade school to continuing medical education.

www.quiztimehealth.com

ANTIBIOTICS

COURSE

QUESTIONS CREDITS

Perioperative Antibiotic Stewardship - *This course is designed for all those who work in surgical settings. It covers best practices in administration and proper dosage of perioperative antibiotics, with an overall goal of reducing surgical site infections.*

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ENDOCRINOLOGY

COURSE

QUESTIONS CREDITS

Diabetes - This course is designed for all clinicians who care for patients with Type I and Type II Diabetes Mellitus. It covers best practices in caring for patients with Type I and Type II DM, with an emphasis on pharmacologic management tailored to individual factors and comorbidities. This includes setting appropriate goals, selecting insulin preparations for patients with Type I DM, selecting the best oral and insulin preparations for Type II DM, instituting multi-drug therapies, and the use of cholesterol lowering agents.

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FLUIDS AND NEPHROLOGY

COURSE

QUESTIONS CREDITS

Best Practices in Intravenous Fluid Therapy - *This course is designed for all clinicians who administer therapeutic intravenous solutions. It provides updates on best practices and the underlying principles of IV fluid administration in hospital settings. Subject matter includes the composition of different IV fluid preparations, their impact on fluid, electrolyte and acid-base status, the differential outcomes of patients treated with different IV fluids, and patients for whom treatment with normal saline is still recommended.*

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INFECTIOUS DISEASE

COURSE

	QUESTIONS	CREDITS
Conquering COVID: General Knowledge - <i>This course is designed for all health professionals, especially those who directly interact with patients and the public. It covers general information about coronaviruses and their structures and significance within prior epidemics and pandemics, with an emphasis on signs, symptoms, risk factors, and red flags for severe disease.</i>	20	4
Conquering COVID: Vaccines & Vaccinations - <i>This course is designed for all health professionals, especially those who directly interact with patients and the public. It covers the critical and emerging knowledge-base about COVID-19 vaccines and vaccination, with an emphasis on mechanisms and formulations, patient communications, and special patient populations.</i>	10	2
Ending the HIV Epidemic with PrEP - <i>This course is designed for clinicians who interact with patients who are at higher risk for exposure to HIV. It covers risk factors for acquiring HIV infection, indications for PrEP, medications used for PrEP, and indications for discontinuation.</i>	18	3.5
Spotting Measles - <i>This course is designed for all health professionals. Local breakouts of measles have led to heightened concerns within the United States and abroad. This course will provide an overview of how to identify, diagnose, report and manage patients suspected of having measles.</i>	12	2.25

O P I O I D

COURSE

	QUESTIONS	CREDITS
Functions First, Opioids Last - <i>This course is designed for specialists studying the fundamentals of acute and chronic pain management, including substance abuse disorder. Topics include the pathophysiology of pain, strategies for understanding and managing patient needs, and various approaches for identifying and managing drug-seeking patients.</i>	20	4
Opioid Fundamentals: General Knowledge - <i>This course is designed for clinicians or non-clinicians who are interested in general pain management-related education, and may include clinicians no longer in active clinical practice, health-care administrators, students, or those whose practice but may not be covered by one of the other courses. It covers the fundamentals of acute and chronic pain management, including substance abuse disorder.</i>	20	4
Opioid Issues in Nursing - <i>This course is designed for nurses. It covers the fundamentals of acute and chronic pain management, including substance abuse disorder.</i>	10	2
Opioid Use and Misuse in Special Populations: Adolescent - <i>This course is designed for adolescent care providers in the inpatient and outpatient setting. Topics include understanding how opioid-naïve adolescents are exposed to opioids and suggestions for non-opioid analgesic regimens to prevent these exposures, strategies for best practice management when treating adolescents with acute painful conditions, and the recognition of signs and symptoms of opioid withdrawal plus opioid use disorder in adolescents, including the evidence supporting the use of medication assisted treatment (MAT).</i>	11	2
Opioid Use and Misuse in Special Populations: Geriatric - <i>This course is designed for geriatric care providers in the inpatient and outpatient setting. Topics include the recognition of the implications of aging on opioid administration, strategies for acute and chronic pain management that include plans of care that balance the risk of side effects with improvement in the quality of life, and opioid-related complications and overdose in the geriatric population.</i>	20	4

O P I O I D C O N T I N U E D

COURSE

QUESTIONS CREDITS

Preventing Opioid Deaths and Overdoses - This course is designed for health care providers in the inpatient and outpatient setting. Topics include the need to destigmatize medication assisted therapy, how to refer patients for these services, how to screen for opioid use disorder, and strategies to decrease the prescription of dangerous combinations of medications and increase the rate of prescription of non-opioid analgesics.

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Opioid Issues in Psychiatric Care - This course is designed for providers in the inpatient and outpatient setting who treat patients with opioid use disorder (OUD), other non-OUD psychiatric diseases, or a combination of these psychiatric diagnoses. Topics include describing drug interactions between Medication-for-Addiction Treatment (MAT) and common psychiatric medications, suicide risk assessment in patients with multiple psychiatric diagnoses including OUD, treatment of OUD in pregnant patients with and without other psychiatric diagnoses, interplay between prior head injury and risk for OUD, and the process of buprenorphine induction, stabilization, and maintenance for MAT.

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Opioid Fundamentals: Pharmacy - This course is designed for pharmacists who see patients and dispense opioids in the inpatient and outpatient setting. It covers the fundamentals of acute and chronic pain management, including substance abuse disorder.

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Opioid Fundamentals: Procedural Surgical - This course is designed for clinicians who treat patients and provide procedural or surgical care in the inpatient or outpatient setting. Clinicians may include surgeons, radiologists, gastroenterologists, advanced practice providers, and other proceduralists. It covers the fundamentals of acute and chronic pain management, including substance abuse disorder.

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Opioid Fundamentals: Women's Health - This course is designed for clinicians who treat women in the inpatient or outpatient setting, and include clinician specialists in obstetrics, gynecology, and primary or specialist care clinicians with a focus on women's health. It covers the fundamentals of acute and chronic pain management, including substance abuse disorder.

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OPIOID CONTINUED

COURSE

	QUESTIONS	CREDITS
Opioid Fundamentals: Ambulatory - <i>This course is designed for clinicians who treat patients primarily in the outpatient setting, including most primary care clinicians and outpatient-based specialists. It covers the fundamentals of acute and chronic pain management, including substance abuse disorder.</i>	20	4
Opioid Fundamentals: Chronic Pain Behavioral Health - <i>This course is designed for clinicians who treat patients primarily in the specialty areas of pain management or behavioral health. It covers the fundamentals of acute and chronic pain management, including substance abuse disorder.</i>	20	4
Opioid Fundamentals: Emergency Medicine - <i>This course is designed for clinicians who treat patients primarily in the acute care setting, including emergency departments, acute care clinics, or urgent care centers. It covers the fundamentals of acute and chronic pain management, including substance abuse disorder.</i>	20	4
Opioid Fundamentals: Inpatient - <i>This course is designed for clinicians who treat patients primarily in the inpatient setting, including hospitalists, critical care specialists, rehabilitation clinicians, and inpatient specialists. It covers the fundamentals of acute and chronic pain management, including substance abuse disorder.</i>	20	4
Opioid Fundamentals: Pediatrics - <i>This course is designed for clinicians who treat pediatric patients in the inpatient or outpatient setting. It covers the fundamentals of acute and chronic pain management disorder.</i>	20	4



PRIMARY CARE

COURSE

	QUESTIONS	CREDITS
Hypertension Part 1 - <i>This course is designed for clinicians who treat hypertension in the outpatient setting, and is the first of two courses designed for hypertension. Topics include the approach to diagnosis and manage, lifestyle modifications, pharmacologic treatment, emergency considerations, and setting safe and feasible goals with patients.</i>	11	2
Hypertension Part 2 - <i>This course is designed for clinicians who treat hypertension in the outpatient setting, and is the second course on hypertension. Topics include the approach to diagnosis and manage, lifestyle modifications, pharmacologic treatment, emergency considerations, and setting safe and feasible goals with patients.</i>	11	2
Low Back Pain - <i>This course is designed for clinicians who treat low back pain in the outpatient setting. It covers the diagnosis and categorization of low back pain, “red flag” physical exam features and non-spinal mimics, and the strategies for appropriate imaging and physical therapy referral. Further topics include patient education resources and treatment considerations that mitigate the potential for addiction.</i>	11	2
Pneumococcal Vaccine for Immunocompromised Patients - <i>This course is designed for clinicians needing to use different pneumococcal vaccines in healthy patients, including those with chronic health problems, and immunocompromised individuals. Topics include the similarities and differences between the types of pneumococcal vaccines, the indications and contraindications, and how to approach vaccine schedules.</i>	13	2.5
The Provision of and Counseling About Emergency Contraception <i>There is a high unintended pregnancy rate in the United States, in part due to inadequate patient knowledge about how to get and use emergency contraception to avoid pregnancy. Many care providers are not up-to-date with guidelines on how to counsel patients about emergency contraception, and many do not routinely discuss emergency contraception with patients. This course aims to improve the knowledge, attitudes, and practices of providers regarding the provision of and counseling about emergency contraception use. This course will provide one question per day for 4 weeks.</i>	20	4

COURSES UNDER DEVELOPMENT

DELIRIUM

OBESITY AND WEIGHT MANAGEMENT

OPIOID USE DISORDER IN PREGNANCY AND POSTPARTUM CARE

PALLIATIVE CARE

STROKE PREVENTION

SMOKING CESSATION

WELLNESS LEADERSHIP



C O N T A C T

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