

VASP Community-Acquired Pneumonia – Inpatient Management

This guidance document is meant to provide general recommendations and does not supersede clinical decision making.

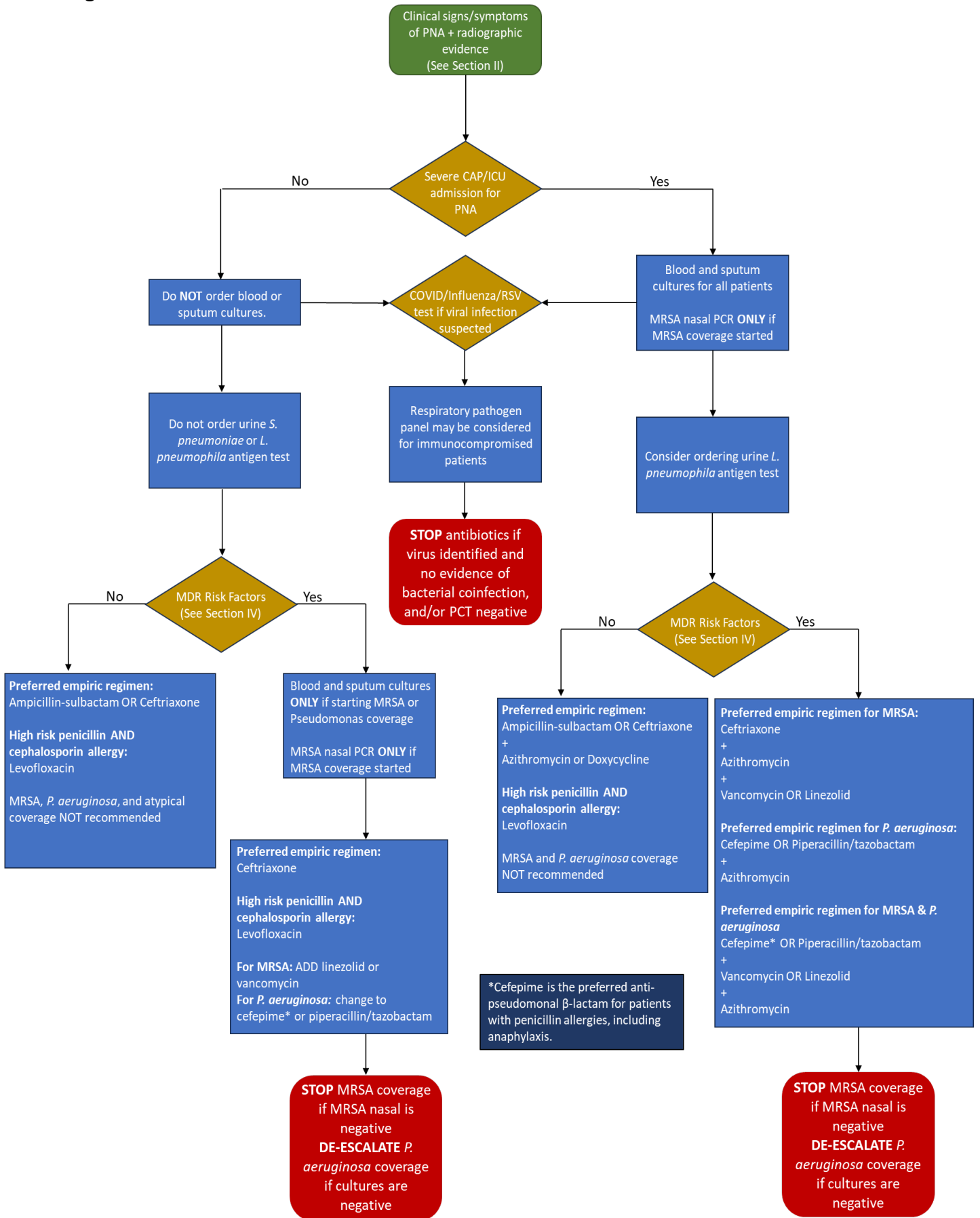
Inclusion: patients presenting to the hospital with pneumonia or who develop pneumonia within 48 hours of hospital admission.

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I. Algorithm Overview



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II. Diagnosis

- a. Clinical symptoms: cough, purulent sputum, shortness of breath, pleuritic chest pain, dyspnea, hypoxia ± supplemental O2 requirement **PLUS**
- b. Radiographic (CXR or CT) infiltrates not explained by other conditions (e.g. pulmonary edema, atelectasis)
- c. Non-specific findings: leukocytosis, fever, elevated ESR or CRP

III. Laboratory Tests

- a. Blood cultures and sputum cultures for severe CAP (Table 1) or patients started on empiric MRSA or *P. aeruginosa* coverage.

Table 1: Severe CAP Criteria[†]

Major Criteria (≥1 criterion)	Minor Criteria (≥3 criterion)
Septic shock with use of vasopressors Respiratory failure requiring mechanical ventilation	Respiratory rate ≥30 breaths/min PaO ₂ /FI _{o2} ratio ≤250 Multilobar infiltrates Confusion/disorientation Uremia (BUN ≥20 mg/dL) Leukopenia (WBC <4,000 cells/μL) Thrombocytopenia (platelet count <100,000/μL) Hypothermia (temperature < 36°C) Hypotension requiring aggressive fluid resuscitation

[†]CURB-65 and Pneumonia Severity Index are common scoring systems to determine treatment location (e.g., ICU vs. floor).

- b. Prioritize ordering of the COVID/Influenza/RSV test for patients who have upper respiratory tract infection symptoms or when there is clinical suspicion for viral pneumonia.
 - i. Patients who are immunocompromised may have the Respiratory Pathogen Panel (RPP) ordered instead if results are likely to effect management.
- c. Urine *S. pneumoniae* antigen testing is not necessary as all CAP regimens cover this organism.
- d. Urine *L. pneumophila* antigen testing recommended for patients with severe CAP or with risk factors for this organism (e.g. recent travel, known outbreak)
 - i. Only detects serogroup 1 that causes ~70% of infections.
 - ii. Consider adding this test on patients without empiric atypical coverage who are not clinically improving.
 - iii. Sent to reference lab and takes several days to result.
- e. MRSA nasal PCR may be used when empiric MRSA coverage is started (e.g. vancomycin or linezolid)
 - i. Administration of vancomycin or linezolid before collecting nasal swab will **NOT** impact results of nasal PCR.
 - ii. If test is negative, MRSA active agents should be discontinued.
 - iii. If test is positive, use clinical judgement for continuation of MRSA active agents. A positive test has low positive predictive value for a MRSA infection and should not be interpreted as a definitive reason to continue MRSA coverage.

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- iv. Patients in the ICU routinely receive mupirocin nasal decolonization upon admission to the unit and should not have a MRSA nasal PCR ordered after decolonization has started.
- f. Procalcitonin (PCT) may help to guide duration of antibiotic therapy ([Appendix 1](#)), especially to STOP antibiotics in patients with an identified viral etiology or non-infectious condition. It may also help to decrease the overall duration of therapy for bacterial pneumonia.
 - i. Clinical judgement should be used when interpreting procalcitonin results.
 - ii. NOT intended for deciding whether to start antimicrobial therapy.
 - iii. AVOID use in patients with the following:
 - 1. Elevated serum creatinine due to AKI or CKD
 - 2. Major trauma within the previous 7 days
 - 3. Surgical procedures within the previous 7 days
 - 4. Cardiopulmonary arrest within the previous 7 days

IV. Multi-Drug Resistant Organism Risk Factors

- a. MRSA and *P. aeruginosa* are rare causes of community-acquired pneumonia (<5% of cases) and are unlikely in non-severe infections.
- b. Presence of any single finding below would place patient at an increased risk.
- b. MRSA
 - i. Respiratory tract culture or nasal PCR positive in previous 12 months.
 - ii. Cavitory or necrotizing pneumonia
 - iii. Post-influenza pneumonia
- c. *P. aeruginosa*
 - i. Respiratory tract culture positive in previous 12 months.
 - ii. Bronchiectasis or structural lung disease
- d. Both MRSA AND *P. aeruginosa*
 - i. Hospitalization AND IV antibiotics in previous 90 days
 - ii. Immunocompromising conditions
 - 1. Solid organ transplant in previous 12 months
 - 2. Solid organ transplant AND treated for rejection in previous 6 months
 - 3. Hematopoietic stem cell transplant in previous 12 months
 - 4. Chronic GVHD
 - 5. HIV with CD4 <200
 - 6. Neutropenia with ANC <1000
 - 7. Autoimmune disorders on biologic agents (e.g. TNF α inhibitors, rituximab, etc.)
 - 8. Long-term corticosteroids (prednisone equivalent \geq 20mg/day for at least 2 weeks)

V. Antimicrobial Dosing

- a. Reference available on the VASP website at the following [link](#).

VI. Treatment Recommendations

Non-Severe/Non-ICU CAP Without Resistant Pathogen Risk Factors		
Empiric Therapy	Comments	Duration of Therapy
<p><u>Preferred:</u> Ampicillin-sulbactam 3g IV q6h <u>OR</u> Ceftriaxone 2g IV daily</p> <p><u>High Risk Penicillin AND Cephalosporin Allergy:</u> Levofloxacin 750mg PO (or IV) daily</p> <p><u>MRSA or <i>P. aeruginosa</i> Coverage:</u></p> <ul style="list-style-type: none"> Do NOT start empirically. If identified in culture, may start targeted therapy if not clinically improving. <p><u>If cultures are positive, target antibiotics to the recovered pathogen.</u></p>	<p><u>Atypical Coverage</u></p> <ul style="list-style-type: none"> Not routinely recommended for non-severe CAP If RPP is positive for <i>M. pneumoniae</i> or <i>C. pneumoniae</i>, doxycycline 100mg PO BID is preferred. If RPP is negative and atypical coverage was already started, it should be discontinued. If high suspicion for <i>Legionella</i> or positive urine antigen, azithromycin 500mg PO daily is preferred. <p><u>Anaerobic Coverage</u></p> <ul style="list-style-type: none"> Do NOT start anaerobic coverage for aspiration pneumonia. Anaerobic coverage should be considered if empyema or lung abscess detected. <ul style="list-style-type: none"> Ampicillin-sulbactam OR Add metronidazole 500mg PO (or IV) BID <p><u>Transition to Oral Antibiotics</u></p> <ul style="list-style-type: none"> Should occur as soon as patient able to tolerate PO medications. <ul style="list-style-type: none"> Ideal transition for non-severe CAP is within <u>24-hours of IV antibiotics.</u> If patient has concurrent bacteremia, transition after at least 3 days of IV antibiotics. Recommended PO options: <ul style="list-style-type: none"> Amoxicillin 1g PO TID Amoxicillin/clavulanate 875/125mg PO BID Cefuroxime 500mg PO BID (for penicillin-allergic patients) 	<p><u>Clinical Stability Criteria (no more than 1 criteria not met)*</u></p> <ul style="list-style-type: none"> HR <100 bpm RR <24 breaths/min SBP > 90 mmHg O₂ sat >90% Normal mental status <p>*Based on patient baseline status</p> <p>If <u>ALL</u> clinical stability criteria are met on <u>day 3</u>, antibiotics should be discontinued.</p> <p>If <u>at least 4 of the 5</u> clinical stability criteria are met on <u>day 5</u>, antibiotics should be discontinued.</p> <p>If patients have a delayed response to treatment, antibiotics should be discontinued 48 hours after <u>4 of the 5</u> clinical stability criteria are met.</p> <p><u>Exceptions to Short Durations</u></p> <ul style="list-style-type: none"> MRSA or non-fermenting GNR (e.g. <i>P. aeruginosa</i>): 7 days Streptococcal bacteremia: 7-14 days Legionella: 7-10 days GNR bacteremia: 7 days MRSA bacteremia: 14+ days Empyema or lung abscess: variable

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Severe/ICU CAP Without Resistant Pathogen Risk Factors

Empiric Therapy	Comments	Duration of Therapy
<p><u>Preferred:</u> Ampicillin-sulbactam 3g IV q6h <u>OR</u> Ceftriaxone 2g IV daily + Azithromycin 500mg IV (or PO) daily <u>OR</u> Doxycycline 100mg IV (or PO) q12h</p> <p><u>High Risk Penicillin AND Cephalosporin Allergy:</u> Levofloxacin 750mg IV (or PO) daily</p> <p><u>MRSA or <i>P. aeruginosa</i> Coverage:</u></p> <ul style="list-style-type: none"> • Do NOT start empirically. • If identified in culture, start targeted therapy. <p><u>If cultures are positive, target antibiotics to the recovered pathogen.</u></p> <p>Addition of steroids per ICU protocol</p>	<p><u>Atypical Coverage</u></p> <ul style="list-style-type: none"> • If RPP and Legionella urine antigen (if collected) negative, atypical coverage should be discontinued. • If RPP is positive for <i>M. pneumoniae</i> or <i>C. pneumoniae</i>, doxycycline 100mg PO BID is preferred. • If high suspicion for <i>Legionella</i> or positive urine antigen, azithromycin or levofloxacin are preferred over doxycycline. <p><u>Anaerobic Coverage</u></p> <ul style="list-style-type: none"> • Do NOT start metronidazole or clindamycin for aspiration pneumonia. • Anaerobic coverage should be considered if empyema or lung abscess detected. <ul style="list-style-type: none"> ○ Ampicillin-sulbactam OR ○ Add metronidazole 500mg PO (or IV) BID <p><u>Transition to Oral Antibiotics</u></p> <ul style="list-style-type: none"> • Should occur as soon as patient is afebrile and hemodynamically stable with clinical improvement x 48 hours. • Recommended PO options: <ul style="list-style-type: none"> ○ Amoxicillin/clavulanate 875/125mg PO BID ○ Cefuroxime 500mg PO BID (for penicillin-allergic patients) ○ Levofloxacin (if high-risk penicillin or cephalosporin allergy) 	<p><u>Clinical Stability Criteria (no more than 1 criteria not met)*</u></p> <ul style="list-style-type: none"> • HR <100 bpm • RR <24 breaths/min • SBP > 90 mmHg • O₂ sat >90% • Normal mental status <p>*Based on patient baseline status</p> <p>Antibiotics should be discontinued in most patients on <u>day 5</u> of antibiotic therapy.</p> <p>If patients have a delayed response to treatment, antibiotics should be discontinued 48 hours after 4 of the 5 clinical stability criteria are met.</p> <p><u>Exceptions to Short Duration</u></p> <ul style="list-style-type: none"> • MRSA or non-fermenting GNR (e.g. <i>P. aeruginosa</i>): 7 days • Streptococcal bacteremia: 7-14 days • Legionella: 7-10 days • GNR bacteremia: 7 days • MRSA bacteremia: 14+ days • Empyema or lung abscess: varies

Non-Severe/Non-ICU CAP With Resistant Pathogen <u>Risk Factors</u> *		
Empiric Therapy	Comments	Duration of Therapy
<p><u>Preferred:</u> Ceftriaxone 2g IV daily</p> <p><u>High Risk Cephalosporin Allergy:</u> Levofloxacin 750mg PO (or IV) daily</p> <p><u>MRSA or <i>P. aeruginosa</i> Coverage:</u></p> <ul style="list-style-type: none"> Obtain blood and respiratory cultures before starting antibiotics. If necrotizing/cavitary pneumonia or lung transplant, <u>ADD</u> MRSA coverage. If bronchiectasis/structural lung disease, lung transplant, neutropenic, or high-dose steroids, <u>change preferred treatment</u> to pseudomonal β-lactam. <p><u>MRSA Options:</u></p> <ul style="list-style-type: none"> Vancomycin, pharmacy consult Linezolid 600mg PO (or IV) BID <p><u><i>P. aeruginosa</i> Options[†]:</u></p> <ul style="list-style-type: none"> Cefepime 2g IV q8h Piperacillin/tazobactam 3.375g IV q8h <p>*If MRSA or <i>P. aeruginosa</i> are not recovered on culture, change to routine CAP coverage.</p> <p><u>If cultures are positive, target antibiotics to the recovered pathogen.</u></p>	<p><u>Atypical Coverage</u></p> <ul style="list-style-type: none"> Not routinely recommended for non-severe CAP If <i>M. pneumoniae</i> or <i>C. pneumoniae</i> identified, doxycycline 100mg PO BID is preferred. If RPP is negative and atypical coverage was already started, it should be discontinued. If high suspicion for <i>Legionella</i> or positive urine antigen, azithromycin 500mg PO daily is preferred. <p><u>Anaerobic Coverage</u></p> <ul style="list-style-type: none"> Do NOT start anaerobic coverage for aspiration pneumonia. Anaerobic coverage should be considered if empyema or lung abscess detected. <ul style="list-style-type: none"> Piperacillin/tazobactam OR Add metronidazole 500mg PO (or IV) BID <p><u>Transition to Oral Antibiotics</u></p> <ul style="list-style-type: none"> Should occur as soon as patient able to tolerate PO medications and is clinically improving. <ul style="list-style-type: none"> If patient has concurrent bacteremia, transition after at least 3 days of IV antibiotics. Recommended PO options: <ul style="list-style-type: none"> Amoxicillin/clavulanate 875/125mg PO BID Cefuroxime 500mg PO BID (if penicillin allergy) Levofloxacin (if <i>P. aeruginosa</i> risk factors or positive culture) Linezolid (if MRSA positive sputum/BAL) 	<p><u>Clinical Stability Criteria (no more than 1 criteria not met)*</u></p> <ul style="list-style-type: none"> HR <100 bpm RR <24 breaths/min SBP > 90 mmHg O₂ sat >90% Normal mental status <p>*Based on patient baseline status</p> <p>Antibiotics should be discontinued in most patients on <u>day 5</u> of antibiotic therapy.</p> <p>If patients have a delayed response to treatment, antibiotics should be discontinued <u>48 hours after 4 of the 5</u> clinical stability criteria are met.</p> <p><u>Exceptions to Short Duration</u></p> <ul style="list-style-type: none"> MRSA or non-fermenting GNR (e.g. <i>P. aeruginosa</i>): 7 days Streptococcal bacteremia: 7-14 days Legionella: 7-10 days GNR bacteremia: 7 days MRSA bacteremia: 14+ days Empyema or lung abscess: varies

*If concern for opportunistic infection, mycobacteria, or fungal pneumonia consider ID consult

[†]Cefepime is the preferred anti-pseudomonal β -lactam for patients with penicillin allergies, including anaphylaxis.

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Severe/ICU CAP With Resistant Pathogen Risk Factors*

Empiric Therapy	Comments	Duration of Therapy
<p><u>MRSA Risk Factors Only:</u> Ceftriaxone 2g IV daily + Azithromycin 500mg IV (or PO) daily + Vancomycin, pharmacy consult <u>OR</u> Linezolid 600mg IV (or PO) q12h</p> <p><u>P. aeruginosa Risk Factors Only</u>†: Piperacillin/tazobactam 3.375g IV q8h <u>OR</u> Cefepime 2g IV q8h + Azithromycin 500mg IV (or PO) daily</p> <p><u>Both MRSA and P. aeruginosa Risk Factors</u>‡: Piperacillin/tazobactam 3.375g IV q8h <u>OR</u> Cefepime 2g IV q8h + Vancomycin, pharmacy consult <u>OR</u> Linezolid 600mg IV (or PO) q12h + Azithromycin 500mg IV (or PO) daily</p> <p>*If MRSA or <i>P. aeruginosa</i> are not recovered on culture, change to routine CAP coverage.</p> <p><u>If cultures are positive, target antibiotics to the recovered pathogen.</u></p> <p>Addition of steroids per ICU protocol</p>	<p><u>Atypical Coverage</u></p> <ul style="list-style-type: none"> • If RPP and Legionella urine antigen (if collected) negative, atypical coverage should be discontinued. • If RPP is positive for <i>M. pneumoniae</i> or <i>C. pneumoniae</i>, doxycycline 100mg PO BID is preferred. • If high suspicion for <i>Legionella</i> or positive urine antigen, azithromycin or levofloxacin are preferred over doxycycline. <p><u>Anaerobic Coverage</u></p> <ul style="list-style-type: none"> • Do NOT start anaerobic coverage for aspiration pneumonia. • Anaerobic coverage should be considered if empyema or lung abscess detected. <ul style="list-style-type: none"> ○ Piperacillin/tazobactam <u>OR</u> ○ Add metronidazole 500mg IV (or PO) BID <p><u>Transition to Oral Antibiotics</u></p> <ul style="list-style-type: none"> • Should occur as soon as patient is afebrile and hemodynamically stable with clinical improvement x 48 hours. • Recommended PO options: <ul style="list-style-type: none"> ○ Amoxicillin/clavulanate 875/125mg PO BID ○ Cefuroxime 500mg PO BID (if penicillin allergy) ○ Levofloxacin (if <i>P. aeruginosa</i> risk factors or positive culture) ○ Linezolid (if MRSA positive sputum/BAL) 	<p><u>Clinical Stability Criteria (no more than 1 criteria not met)*</u></p> <ul style="list-style-type: none"> • HR <100 bpm • RR <24 breaths/min • SBP > 90 mmHg • O₂ sat >90% • Normal mental status <p>*Based on patient baseline status</p> <p>Antibiotics should be discontinued in most patients on <u>day 5</u> of antibiotic therapy.</p> <p>If patients have a delayed response to treatment, antibiotics should be discontinued 48 hours after 4 of the 5 clinical stability criteria are met.</p> <p><u>Exceptions to Short Duration</u></p> <ul style="list-style-type: none"> • MRSA or non-fermenting GNR (e.g. <i>P. aeruginosa</i>): 7 days • Streptococcal bacteremia: 7-14 days • GNR bacteremia: 7 days • MRSA bacteremia: 14+ days • Empyema or lung abscess: varies

*If concern for opportunistic infection, mycobacteria, or fungal pneumonia consider ID consult.

†Cefepime is the preferred anti-pseudomonal β-lactam for patients with penicillin allergies, including anaphylaxis.

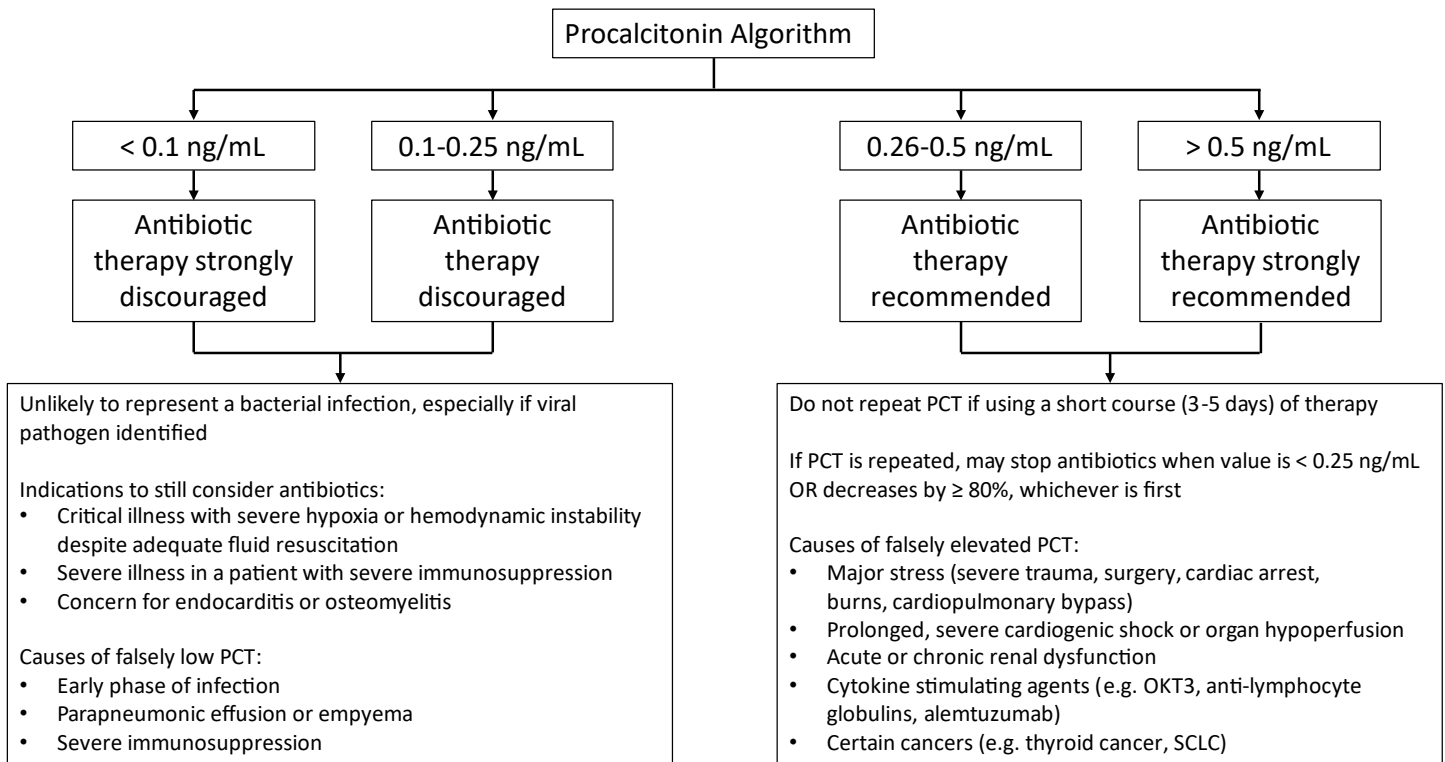
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Appendix: Procalcitonin Algorithm



Modified from: Albrich WC, Dusemund F, Bucher B, et al. Effectiveness and safety of procalcitonin-guided antibiotic therapy in lower respiratory tract infections in "real life": an international, multicenter poststudy survey (ProREAL). *Arch Intern Med.* 2012 May 14;172(9):715-22. doi: 10.1001/archinternmed.2012.770.