

Department News | Spring 2019

Rothman, Wanderer present at XGM

Brain Rothman, MD, and Jonathan Wanderer, MD, MPhil, will present during the Expert Group Meetings (XGM) Epic from Monday, April 29 to Friday, May 10.

Rothman's Presentation

Rothman's presentation is titled "Periop Flightboards in Every OR." The presentation demonstrates Vanderbilt's successful OR Flightboard implementation using Epic Monitor across more than 90 OR locations. "This was a 'big bang' implementation. At that time, I don't believe the Epic flight board had been implemented simultaneously in that many locations," said Rothman. "Our implementation wasn't perfect at first, but we got it to work seamlessly in a reasonable amount of time."

"Our teams prepared extremely well for the implementation," Rothman explained, "and there is only so much that can be done before you just have to turn the system on. It is the team's





Jonathan Wanderer, MD, MPhil

response after the system is turned on that matters. Our build team went above and beyond."

OR Flightboards positively impact patient care and contribute to patient safety throughout the intraoperative period. The presentation will discuss how this tool improves care team work flows, patient safety, and the necessary build for a successful implementation. The presentation focuses on the realtime electronic timeout feature, in particular, that electronically supports required pre-incision timeouts to

improve patient safety and decrease the likelihood of wrong surgeries.

Rothman explained that VUMC worked with Epic to get an electronic timeout with a design element that helped implement it. Electronic timeout is the right thing to do in a perioperative space, and Epic provides a tool to do that. The World Health Organization (WHO) has said that timeouts before surgery are important.

"We partner with Epic," he said. "They do site visits where they come to our office." VUMC and Epic collaborated to have Saga, VUMC's website, work together with Haiku, a mobile application. Another thing they have worked on with Epic has been document mass transfer protocols.

Wanderer's Presentation

Wanderer's presentation at XGM, titled "Procedure Path and Enhanced Recovery After Surgery: A Path to Opioid-Free

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Department of Anesthesiology at VANDERBILT UNIVERSITY MEDICAL CENTER OFFICE OF THE CHAIR 1211 21ST AVENUE SOUTH, 722 MAB NASHVILLE, TN 37212 | 615-936-1595

Vanderbilt International Anesthesia Fundraiser



The annual Vanderbilt International Anesthesia Fundraiser was held on Saturday, April 6, 2019. Mary Mungai, Head KRNA at Kijabe Hospital in Kenya, gave an interview with Blake Farmer from Nashville National Public Radio about health disparities and how the VIA is helping with those disparities.

The VIA auctioned many items, from an authentic South African braai to concert tickets. and raised over \$50,000.

A thank you to presenting sponsor Renasant Bank and to the other sponsors: Akins Real Estate Jim 'N Nick's Bar-B-Oue. DAAD, VoluMetrix, Synovus, Shoemaker Financial, First Tennessee Bank, KraftCPAs, Burke Financial Group, Michelle HSU Realty, and F&M Mortgage.

Message from the Chair



Warren Sandberg, MD, PhD

Spring is here and the Department of Anesthesiology has already done so much since the beginning of the year.

To start, we had the Dr. Bradley E. Smith Endowed Lectureship and the Dr. James Phythyon Endowed Lectureship. Both speakers for these events were insightful, and we were honored to host them. We also had our annual Vanderbilt International Anesthesia Fundraiser, which raises money for our anesthesia providers to go to Kenya and other countries with health disparities and teach safe anesthesia. We raised almost twice as much as we did last year.

We are also getting ready to welcome a new class of residents along with the new chief residents for 2019 through 2020. New residents means new beginnings, just like Spring. The Department looks forward to working with them.

Brian Rothman, MD, and Jonathan Wanderer, MD, MPhil, are headed to the Expert Group Meetings for Epic to give presentations about how VUMC has implemented Epic programs to improve the quality of our patient care. This is a testament to how much our Department and faculty make a difference in and have an impact on the medical center as a whole and the entire Epic program.

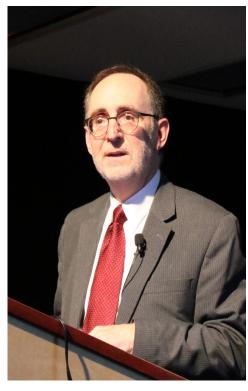
I look forward to seeing what else the Department accomplishes in the upcoming months.

Dr. James Phythyon Endowed Lectureship



Randall Flick, MD, MPH, was the featured speaker at the Dr. James Phythyon Endowed Lectureship in Pediatric Anesthesiology. The reception was held on Thursday, April 4, 2019, and the lecture was presented on Friday, April 5, 2019. The title of his lecture was "Anesthetic Related Neurotoxicity in Young Children: GAS, PANDA, & MASK."

Dr. Bradley E. Smith Endowed Lectureship





On Friday, Feb. 8, 2019, David. Warner, MD, gave the Dr. Bradley E. Smith Endowed Lectureship on Medical Professionalism. The title of his lecture was "Professionalism Writ Large: Amplifying Your Influence."



XGM continued

Anesthesia," describes the tooling that VUMC has put together to support our enhanced recovery after surgery protocols. "This is helping with reduction in length of stay, reduction of intraoperative opioids, and reduction of opioids prescribed at discharge,"Wanderer said. He explained that the most engaging presentations demonstrate novel use of Epic's functionality as well as share the results that have been obtained with the help of those tools.

In keeping with that approach, he will also discuss VUMC's enhanced recovery after surgery implementation and results. The Department of Anesthesiology's Perioperative Consult Service team provides regional anesthesia and/or multimodal analgesia for patients prior to certain procedures and input on medical management, from decision to operate through discharge. "We developed robust informatics support for that service in our legacy system, and then I invested time before Epic Go Live rebuilding that function in our eStar system," he said.

"I became certified as a physician builder and learned system architecture to create tools within eStar that provide services to the perioperative consult service team and regional anesthesia team."

A lot of complex configuration is possible within Epic, and Wanderer will be showing off tools within Epic that made the perioperative configuration possible. Epic's tools can be used in different ways at different institutions. "We are able to learn from other institutions and share what we've learned at XGM so we can



make our respective electronic health records function better." Wanderer also leads VUMC's Physician Builder Program and serves on Epic's Anesthesia Specialty Steering Board, where he provides feedback on new features under development, highlighting areas for improvement.

Summary

Rothman said that working with Epic on special projects reflects the innovative culture of VUMC.

According to Wanderer, "VUMC is unique because the institution has really committed to involving clinicians with system design and optimization. "We have support from Dr. Balser for growing our physician builder program which, in the long run, will help us optimize our *e*Star system across all of our clinical programs."

Anesthesiology Department Chair Warren Sandberg, MD, PhD, said it is truly amazing to see how much the Epic implementation at VUMC has changed and improved over the past year, due to the hard work of numerous people like Rothman and Wanderer. "Epic is so important to the quality of care here at VUMC, and they continue to lead developments that lock in the quality of care we expect."



Personalized pain management

By Niyati Vachara. Originally published on Feb. 28, 2019, in The Reporter.

There is an urgent need to identify reliable predictors of opioid responses to develop personalized opioid therapy for chronic pain management. A goal is to target opioid therapy to patients most likely to benefit from treatment with few side effects and low risk of opioid misuse.

Stephen Bruehl, PhD, and colleagues previously established an inverse correlation between levels of endogenous opioids (EOs), natural brain chemicals with pain-relieving properties, and analgesic responses to morphine.

Their latest study, published in the March issue of the journal *Pain*, tested whether circulating endocannabinoids, which stimulate the same brain receptors turned on by the active ingredient in marijuana, directly influence opioid analgesic responses or interact with EO function.

While they did not find that endocannabinoids directly affect morphine responses, they did find that the inverse association between EO activity and the analgesic and subjective effects of morphine was strongest in those with low endocannabinoid levels.

These findings may assist in developing approaches in personalized pain medicine to predict opioid analgesic responses in patients.

This research was supported by grants from the National Institutes of Health (DA037891, AA026186, GM108554, TR002243).



CRNA Week

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Department Spotlight: Celebrating Departmental Accomplishments

Congratulations to our inaugural Perioperative Medicine Fellow, **Christine Abboud**, **MD**.

Randall Brenn, MD, won the the Best in Show Award from the Society for Technology in Anesthesia for his abstract entitled "Endoatrachael Tube Intrafcuff Pressure is Not Equal to Tracheal Wall Pressure on a Simulated Trachea."

Andrew Franklin, MD, MBA, has been appointed to a three year term as Secretary of the Pediatric ERAS Society.

Andrew Franklin, MD, MBA, was elected president of the Tennessee Society of Anesthesiologists.

Andrew Franklin, MD, Steve Hyman, MD, and Paul St. Jaques, MD, attended the Association of Anesthesia Clinical Directors Perioperative Management Summit in San Antonio, Texas. St. Jacques completed his term as president and assumed the role of immediate past president. Franklin gave a presentation on demonstrating value in pediatric anesthesiology, and Hyman gave an update on physician burnout.

Elisabeth Hudson has been appointed to serve on the Association of Anesthesiology Program Administrators and Educators Council.

Heather Jackson, MSN, RN, APRN-BC, reports that her manuscript entitled "A Scoping Review of Acupuncture as a Potential Intervention for Neonatal Abstinence Syndrome (NAS)" was recently accepted for publication in *Medical Acupuncture*.

Walter Lee, CRNA, assumed the role of Lead Pediatric CRNA.

Justin Liberman, MD, has been appointed Associate Quality and Patient Safety Director.

Jordan Miller, CRNA, assumed the role of Senior Quality and Patient Advisor in the Department of Anesthesiology.

Amy Robertson, MD, was acknowledged for her contributions to the American Society of Anesthesiologists Self Education and Evaluation Continuing Medical Education Program.

Brian Rothman, MD, and Bridget Loveless will give a presentation for the upcoming Perioperative Advisory Council (Periop) at Epic XGM in May. Their presentation is titled "Flightboards and Their Impact In Every OR."

On Tuesday, Feb. 26, 2019, **Ban Sileshi, MD,** delivered a talk entitled "Educational Capacity Building in Low Resource Settings: A Department's Approach" in Eskind Biomedical Library.

Jonathan Wanderer, MD, MPhil, has been asked to serve as the Vice Chair of the Anesthesia Quality Institute Data Definitions Committee.







Letha Mathews, MBBS, was named Neuroanesthesiology Division Chief.



Michael Pilla, MD, was named Multispecialty Adult Anesthesiology Division Chief.



On Tuesday, March 5, Denise De La Torre attended INSPIRE Research Coordinator Training at the Research Triangle in North Carolina.



Tom Stewart, PhD, and Robert Freundlich, MD, met with Congressman Jim Cooper and his staff in Washington D.C. to discuss increased NIH funding for clinical and translational research, as well as to advocate for reauthorization of PCORI.



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A retirement celebration was held for **B.J. Barker, CRNA**, on Wednesday, Jan. 16, 2019.



A retirement celebration was held for Barb Doring, CRNA, on Tuesday, March 19, 2019. 5

Department of Anesthesiology PGY-1 Class for 2019-2020



Willie Agee Meharry Medical College



Chia Amanchukwu University of Texas School of Medicine San Antonio



Kim Aut University of Wisconsin School of Medicine and Public Health



Bobby Barnes University of Nebraska College of Medicine



Alex Cesare Pennsylvania State University College of Medicine



Jamie Clark Wayne State University School of Medicine



Veronica D'Ambra Wake Forest School of Medicine



Mazi Nourian University of Utah School of Medicine



Taylor Drees University of Kansas School of Medicine



Luis Perez Baylor College of Medicine



Maggie Galloway Univ. of Texas Medical Branch School of Medicine Galveston



Erin Shirley University of Oklahoma College of Medicine



Katie Gorman University of Colorado School of Medicine



Sarah Stender Louisiana State University School of Medicine



Hannah Gray East Tennessee State University James H. Quillen College of Medicine



Sara Valek University of Texas School of Medicine San Antonio



Rudo Makonza Goto University of Pittsburgh School of Medicine



Olivia Valencia University of Arizona College of Medicine Tucson

Chief Residents of 2019-2020



Lucy Brunker, MD



Bennett Roman, MD



Katherine Williams, DO

NEW DEPARTMENT MEMBERS



Donna Bundrick Certified Registered Nurse Anesthetist

EDUCATION: BSN, University of North Carolina, Florence AL (1977)

FUN FACT: Terrible golfer but an excellent world traveler.



Sonja Carter Senior Administrative Assistant Multispecialty Adult Anesthesiology Neuroanesthesiology



Lindsay Dickson Associate Program Manager Administration

EDUCATION: BS, Communications and Advertising, University of Tennessee, Knoxville, TN (2006)

FUN FACT: I am a huge Disney fan and visit the parks frequently. I am also a certified Disney Travel specialist and love helping others plan trips to Disney.



Richard Doehring Certified Registered Nurse Anesthetist

EDUCATION: MSN, Anesthesiology, Middle Tennessee School of Anesthesia, Madison, TN (1995) BSN, University of South Alabama, Mobile, AL (1988)

FUN FACT: I give 110 percent to everything.



Ralph Gyasi Database Administrator Vanderbilt Anesthesiology & Perioperative Informatics Research

EDUCATION:

BS, Kwame Nkrumah University of Science and Technology, Kumasi, Ghana (1999)

FUN FACT:

I ran a marathon in high school.



Ashley Hall Senior Administrative Assistant Pediatric Cardiac Anesthesiology

FUN FACT:

I went to the kickball national championships in Las Vegas.

Michael Mantinan, MD Assistant Professor of Clinical Anesthesiology Cardiothoracic Anesthesiology

EDUCATION:

Fellowship, Cardiothoracic Anesthesiology Johns Hopkins Hospital, Baltimore, MD (2013) Residency, Anesthesiology and Critical Care Medicine, Johns Hopkins Hospital, Baltimore, MD (2012) MD, Michigan State University College of Human Medicine, East Lansing, MI (2008)

FUN FACT: I speak Spanish.



David McIlroy, MB.BS, MD, MClinEpi, FANZCA Associate Professor Cardiothoracic Anesthesiology

EDUCATION:

Fellowship, Cardiothoracic Anesthesiology, Monash University, Mebourne, Victoria, Australia (2001) Residency, Anesthesiology, Monash University, Melbourne, Victoria, Australia (1999) MB.BS., Monash University,

Melbourne, Victoria, Australia (1993)

FUN FACT:

I'm Australian born and bred but have spent time working as an anesthesiologist at Columbia University in New York and University of Washington in Seattle.



Morgan Rohde Certified Registered Nurse Anesthetist

EDUCATION: MSN, Anesthesiology, Middle Tennessee School of Anesthesia, Madison, TN (2018) BSN, Cumberland University, Lebanon, TN (2008)

FUN FACT: I am a black belt in karate.



Ryan Smith, MD Assistant Professor of Clinical Anesthesiology Multispecialty Adult Anesthesiology

EDUCATION:

Fellowship, Perioperative Clinical Ultrasound, McMaster University Hamilton, Ontario (2014) Fellowship, Clinical Ultrasound, University of Melbourne via Distance Learning, Melbourne, Australia (2013) Residency, Anesthesiology, Western University, Culch School of Medicine and Dentistry, London, Ontario (2013) MD, University of Calagary, Faculty of Medicine, Calgary, Alberta (2008)

FUN FACT:

I worked as an environmental planner for pipeline projects in Canada's Artic before studying medicine.



Lexi Tittor Associate Program Manager Administration

EDUCATION:

BS, Human Performance Exercise Science, University of Alabama, Tuscaloosa, AL (2018)

FUN FACT:

I lived in the same house from birth until I left for college.



Jonathan Wilson, MD Assistant Professor of Clinical Anesthesiology Obstetric Anesthesiology

EDUCATION:

Fellowship, Obstetrical Anesthesiology, Wake Forest University, Winston-Salem, NC (2013) Residency, Anesthesiology, University of Arizona, Tuscon, AZ (2012) MD, University of Arizona, Tuscon, AZ (2008)

FUN FACT:

I love woodworking and building things for my family.

Recent Publications

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