# Residency and Fellowship Training





SCHOOL OF MEDICINE VANDERBILT UNIVERSITY

#### WELCOME FROM THE CHAIR



Psychiatry is changing. The emergence of new knowledge provides opportunities for improved diagnosis and treatment of mental illness. It is our mission to translate these discoveries into clinical practice. We provide inpatient care to children, adolescents, and adults in the Vanderbilt Psychiatric Hospital (VPH), an 88-bed facility on the campus of Vanderbilt University Medical Center. The neighboring Veterans Administration Hospital, across a small courtyard from our campus, is a training site for our medical students and residents. Our research portfolio includes clinical, translational and preclinical studies of brain

and behavior. The research community at Vanderbilt is ideal for us, with many resources and outstanding faculty in the Vanderbilt Brain Institute, Vanderbilt University Institute of Imaging Sciences and Vanderbilt Kennedy Center. The department-sponsored Grand Rounds series provides community-wide education on mental health, with renowned faculty from both Vanderbilt and other institutions.

We look forward to meeting you.

#### **STEPHAN HECKERS, M.D., M.Sc.**

Chair, Department of Psychiatry and Behavioral Sciences William P. and Henry B. Test Chair in Schizophrenia Research

#### WELCOME FROM THE RESIDENCY TRAINING DIRECTOR



As one of the leading centers in the nation for medical education, advanced patient care and biomedical research, Vanderbilt has a tradition of preparing physicians for careers in psychiatry. You will find Vanderbilt University Medical Center, in the midst of the beautiful Vanderbilt University campus, to be an ideal place for your training. Nashville, one of America's most interesting and dynamic cities, provides the backdrop. The residents, fellows and faculty of our department intermingle with outstanding medical students and over 80 residency and fellowship programs throughout the Medical Center. This creates

an atmosphere in which you will thrive personally and professionally. We are delighted that you have an interest in learning more about the training opportunities in the Department of Psychiatry at Vanderbilt.

Please contact us with any questions.

RONALD L. COWAN, M.D., PH.D. Residency Training Director



#### GENERAL ADULT PSYCHIATRY RESIDENCY

The Vanderbilt Psychiatry Residency program was founded in 1947 and offers an opportunity for residents to receive training in general psychiatry and to begin a career balanced with clinical and academic possibilities. Our four-year program is ACGME accredited with 9 resident positions each year. We offer a general track, child and adolescent fast track, and a research track.

The program has a developing educational focus on integrating neuroscience and evolutionary psychiatry in our formulation and clinical reasoning. Research and teaching are major areas of growing emphasis for our residency. Clinical training is broadly diversified with many elective opportunities to permit residents to explore their interests. Training sites include inpatient, outpatient, general hospital, community, and homeless psychiatry settings. The department has a broad range of research opportunities for residents who work closely with a highly collaborative faculty. Our program seeks academically accomplished, mature, and compassionate residents.





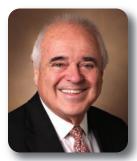
#### CHILD AND ADOLESCENT PSYCHIATRY FELLOWSHIP

Our Child and Adolescent Psychiatry Fellowship program is a two-year clinical fellowship and offers a total of eight ACGME-approved positions (four per year). Residents can first apply for a position in our fellowship program during the early portion of their PGY-3 year of training and become eligible to enter the fellowship upon successful completion of their PGY-3 year of training or after completion of a general psychiatry residency. The program offers exceptional opportunities in clinical training, teaching, and research. Our particular strengths lie in hospital-based psychiatry with robust activities through the Vanderbilt Psychiatric Hospital and Monroe Carell Jr. Children's Hospital at Vanderbilt.



EDWIN WILLIAMSON, M.D. Program Director Child and Adolescent Psychiatry Fellowship

#### ADDICTION MEDICINE FELLOWSHIP



A. J. REID FINLAYSON, M.D., M.M.H.C. Program Director Addiction Medicine Fellowship

Vanderbilt offers exciting opportunities for Addiction Medicine Fellowship training as we mobilize to provide clinical, research and academic leadership for the current epidemic of substance use. Our fellowship offers academic resources and research opportunities with nationally recognized faculty plus clinical training in the management of substance use and co-occurring psychiatric and medical disorders, including emergency evaluation, general hospital consultation, detoxification, inpatient and outpatient management, across the spectrum of levels of care. The flexible curriculum can accommodate more intensive experiences with substance use issues including pain management, obstetrical and neonatal care, HIV, transplant, hepatology, medication assisted recovery, tobacco cessation, and physician health.



#### **PSYCHOSOMATIC MEDICINE FELLOWSHIP**



**SHERYL B. FLEISCH, M.D.** Program Director Psychosomatic Medicine Fellowship

The Vanderbilt University Psychosomatic Medicine Fellowship is a one-year ACGME accredited program offering up to two fellowship positions yearly. The fellows' clinical work is grounded in their experience on the Vanderbilt University Medical Center (VUMC) Adult Psychiatry Consultation service. VUMC has over 800 beds, many of which provide tertiary and quaternary care for a referral base encompassing a large area of the Southeastern United States. On the consult service, the fellow will see an unparalleled variety of patients. The high level of acuity seen at VUMC allows us to train our fellows to recognize and treat rare neuropsychiatric conditions. The fellow will also rotate on the nation's only homeless psychiatric subspecialty consultation service. We value flexibility and hone the training experience to the fellows' interest.

#### **GERIATRIC PSYCHIATRY FELLOWSHIP**

The Vanderbilt Geriatric Psychiatry Fellowship is a joint effort between the Vanderbilt University Department of Psychiatry and Behavioral Sciences and the Tennessee Valley Healthcare Systems VA Hospitals. The program provides a well-rounded educational and clinical training experience in geriatric psychiatry within the context of an outstanding academic medical center with a broad base of clinical and research activities relevant to aging. The 12-month program prepares trainees for clinical and academic leadership in the field of Geriatric Psychiatry and for the certification examination for Geriatric Psychiatry by the American Board of Psychiatry and Neurology.



**MEGHAN RIDDLE, M.D.** Program Director Geriatric Psychiatry Fellowship



#### **DIVERSITY IN TRAINING**

The psychiatry training programs at Vanderbilt greatly value diversity. Our programs seek to foster an environment that is inclusive and supportive of racial, ethnic, religious and cultural diversity; disabilities; and gender, gender identity, gender expression, and sexual orientation.

In addition to diversity initiatives in the department of psychiatry, Vanderbilt University and Vanderbilt University School of Medicine's Office for Diversity Affairs and the Office for Diversity in House Staff and Faculty Affairs offer a range of programs and interest groups that support diversity in student groups and across the whole of the medical school, residency, and fellowship experiences.





#### ABOUT VANDERBILT AND NASHVILLE

Vanderbilt is among the nation's top medical schools and research institutions. The university and the medical center are nestled on a 330 acre campus in the heart of Nashville, also known as Music City USA and the Athens of the South. Ranked by *Travel + Leisure* magazine as one of the nation's top 5 cities to live in, and as destination of the year in 2015, Nashville is progressive and dynamic with extremely rich cultural offerings. The city is home to vibrant African American, Native American, Hispanic, Middle Eastern and Asian communities—including the nation's largest Kurdish population. Nashville was cited by the *New York Times* and *U.S. News & World Report* as among the best LGBT friendly cities and is increasingly a destination for international travelers. Nashville is rapidly growing—cited by *Forbes* as one of America's next boom towns—and is one of the top cities in the nation for young people to relocate to after college. Nashville's music scene is legendary and *U.S. News* listed Nashville among the best nightlife scenes in America.



### Department of Psychiatry and Behavioral Sciences

Vanderbilt University School of Medicine

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1601 23rd Avenue South Suite 3105 Nashville, TN 37212-8645

Phone: (615) 327-7119 Fax: (615) 327-7136

www.mc.vanderbilt.edu/psychiatry

